INTERNAL MEDICINE FOR PRIMARY CARE:
ENDOCRINOLOGY/OBESITY/VASCULAR/GASTROENTEROLOGY

Lake Louise, Alberta, Canada – The Fairmont Chateau Lake Louise
June 25 – 28, 2015

Participating Faculty

Speaker 1
Affiliation

Speaker 2
Affiliation

Speaker 3
Affiliation

Speaker 4
Affiliation
Thursday, June 25th:

7:30 am – 8:00 am  
Registration and Hot Breakfast

8:00 am – 9:00 am – Endocrinology  
Metabolic Bone Disease  
Osteoporosis: diagnosis and treatment

9:00 am – 10:00 am – Endocrinology  
Type 2 Diabetes Mellitus  
Prevalence, diagnosis, complications, new therapies

10:00 am – 10:10 am  
Coffee Break

10:10 am – 11:10 am – Obesity  
Treatment Options for Obesity  
Overview of obesity as a disease state; costs to the individual of being obese; treatment options and an overview of risks and effectiveness; surgical options; potential complications

11:10 am – 12:10 pm – Obesity  
Bariatric Surgery and Co-Morbid Conditions Associated with Obesity  
Who qualifies for obesity surgery; restrictive, malabsorptive and combination surgical options

12:10 pm  
Session Adjourns
Friday, June 26th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Endocrinology
Disorders of Calcium Metabolism
Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

9:00 am – 10:00 am – Obesity
Patient Management Post Bariatric Surgery
The role of the clinician for support and behavior modification; nutrition; the stages of patient management post-surgery

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Obesity
Diagnosis and Treatment of Multiple Sclerosis in the Primary Care Setting
Causes; symptoms; diagnosis, decrease in function of parts of the central nervous system; treatment options to include physical therapy, lifestyle changes, household modifications, medication options; complications

11:10 am – 12:10 pm – Vascular
An Overview of Peripheral Vascular Disease and Approaching Abdominal Aortic Aneurysms
Defining the spectrum of maladies included in peripheral vascular disease and understanding underlying arterial pathology including atherosclerosis; abdominal aortic aneurysm diagnosis, evaluation and treatment is also included

12:10 pm
Session Adjourns
Saturday, June 27th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Gastroenterology
Interpreting Liver Tests with Focus on Medications and Liver
Primer on evaluation of patterns of liver test abnormalities; description and diagnosis of common hepatotoxic drug reactions; options for management; and, features of severe drug reactions predictive of impending liver failure and need for transfer to a liver center

9:00 am – 10:00 am – Gastroenterology
Fatty Liver Disease for the PCP
Definitions; epidemiology and natural history; diagnostic tests; when to refer for liver biopsy; treatments and interventions; and, prognosis and risk for cirrhosis, hepatocellular cancer, and need for liver transplantation

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Vascular
Stroke: Initial Presentation to Medical and Surgical Treatment
Carotid occlusive disease and stroke

11:10 am – 12:10 pm – Vascular
The Dysvascular Limb: How to Approach Swelling and Ulcers
The swollen limb and the ulcerated foot: organizational approach to the differential diagnosis, data gathering and evaluation, treatment options and follow-up

12:10 pm
Session Adjourns
Sunday, June 28th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Gastroenterology
Hepatitis C for the Primary Care Clinician
Definitions; epidemiology and natural history; screening for HCV infection; evaluation of
disease severity and stage of fibrosis including noninvasive tests; quantifying HCV RNA
and determining HCV genotype; current and emerging treatment options and outcomes

9:00 am – 10:00 am – Gastroenterology
Hepatitis B for the Primary Care Clinician
Definitions; epidemiology and natural history; screening for HBV infection; interpreting
HBV serology; HBV genotypes; evaluation of disease severity and stage of fibrosis
including noninvasive tests; quantifying HBV DNA; current and emerging treatment
options and outcomes

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals
with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Diagnose and tailor treatment strategies for Type 2 diabetes
• Review the diagnostic criteria and therapeutic approaches to osteoporosis and other
calcium related disorders Discuss obesity treatment including both surgical and non-
surgical options
• Describe the approach to patient management after bariatric surgery
• Define the spectrum of maladies included in peripheral vascular disease
• Discuss presentation and interventional treatment of stroke patients as well as the
swelling and ulcers of dysvascular limbs
• Discuss the evaluation of patterns of liver test abnormalities as well as tests for fatty liver
disease
• Review screening and treatment options for hepatitis C and hepatitis B

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest

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The faculty reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

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<th>Name of Faculty</th>
<th>Reported Financial Relationship</th>
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The content managers reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

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<td>MER content managers</td>
<td>No financial relationships to disclose</td>
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<tr>
<td>MER nurse planner</td>
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All lectures incorporate time for questions and answers. Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
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Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of June 25, 2015 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
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Universal Program Number: 0816-0000-15-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.