INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/ENDOCRINOLOGY/NEUROLOGY/PULMONARY

Wailea, Maui, Hawaii – Grand Wailea, A Waldorf Astoria Resort
July 9 – 13, 2017
Sunday, July 9th:

3:30 pm – 4:00 pm  
Registration

4:00 pm – 5:00 pm – Cardiology  
Work-up of Patients with Suspected CAD: Which Tests for Which Patients  
Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

5:00 pm – 6:00 pm – Cardiology  
Congestive Heart Failure  
Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

6:00 pm  
Session Adjourns
Monday, July 10th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Neurology
The Neurological Exam
Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

9:00 am – 10:00 am – Neurology
Epilepsy and Paroxysmal Disorders
Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Cardiology
Arrhythmia Management for the Primary Care Physician
Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

11:15 am – 12:30 pm – Cardiology
Hypertension Update
JNC-8 update; goals of treatment; thiazides for all?; special populations – diabetics, the elderly, renal failure

12:30 pm
Session Adjourns
Tuesday, July 11th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Endocrinology
Type 2 Diabetes Mellitus
Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

9:00 am – 10:00 am – Endocrinology
Insulin Therapy for Diabetes
Treating T2DM with insulin; T1DM

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Neurology
Evaluating Weakness
Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

11:15 am – 12:30 pm – Neurology
Parkinson's Disease & Other Movement Disorders
Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

12:30 pm
Session Adjourns
Wednesday, July 12th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:15 am – Pulmonary
Asthma
The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

9:15 am – 10:00 am – Pulmonary
Controversies in the Treatment of Common Respiratory Infections
Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Endocrinology
Management of Dyslipidemia
Cholesterol disorders; triglyceride disorders; AHA/ACCF guidelines; new tests and current therapies

11:15 am – 12:30 pm – Endocrinology
Obesity Management Update
Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

12:30 pm
Session Adjourns
Thursday, July 13th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Pulmonary
Sleep Apnea
Systemic consequences of untreated disease; polysomnography: what patient should expect and how to read the report; treatment options.

9:00 am – 10:00 am – Pulmonary
A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules
Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:

• Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias, and CAD
• Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias, and CAD
• Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
• Delineate the differential diagnosis and treat movement disorders
• Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
• Describe the pathophysiology surrounding obesity and council patients on the various weight management strategies including patient selection criteria for surgery
• Identify the pathophysiology and diagnostic approach of asthma, COPD, sleep apnea and lung cancer
• Design treatment strategies reflective of current evidence based medicine for asthma, COPD, sleep apnea and lung cancer

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation
Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of July 9, 2017 has been reviewed and is acceptable for up to 17 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 17 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 17 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 17 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 17 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 17 contact hours.
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Universal Program Number: 0816-0000-17-046-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.