INTERNAL MEDICINE FOR PRIMARY CARE:
MEDICOLEGAL/NEUROLOGY/ORTHOPEDICS/SPORTS MEDICINE

Nassau, Bahamas – Atlantis Paradise Island Resort
November 30 – December 3, 2017
Thursday, November 30th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Neurology
Evaluating Weakness
Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

9:00 am – 10:00 am – Neurology
Evaluating the Patient with Lower Back Pain
Magnitude of the problem; anatomy; classification of pain; key elements of history and the clinical exam

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Medicolegal
The 10 Biggest Mistakes that Physicians Make in their Investments and Business Planning
Identifying friends and foes; How to use and not be used by advisors; Time tested methods of financial and practice disaster avoidance

11:10 am – 12:10 pm – Medicolegal
Lawsuits 101
How it works; What to expect; What your lawyer and insurance carrier may not tell you

12:10 pm
Session Adjourns
Friday, December 1st:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Neurology
Alzheimer’s Disease & Other Dementias
Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

9:00 am – 10:00 am – Neurology
Parkinson’s Disease & Other Movement Disorders
Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Sports Medicine
Concussion in Sports: Recognition, Office Evaluation and Management for Primary Care
Those 18 years of age and younger are particularly vulnerable to concussion, its severity and consequences. This topic will cover the current definition, signs and symptoms, their significance and an office-based approach to mild traumatic brain injury that can accompany participation in youth sports. The presentation will include up-to-date return to sport guidelines and decision making and provide concussion management tools for the primary care physician.

11:10 am – 12:10 pm – Medicolegal
50 Ways to Leave your Overhead
How to increase your income and the things you like to do; Time to sell?; If your practice isn’t enjoyable, make changes now!; Frustration elimination exercises

12:10 pm
Session Adjourns
Saturday, December 2nd:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Sports Medicine
The Pre-Participation Sports Physical
The American Academy of Pediatrics, in conjunction with the American Academy of Family Physicians and American Medical Society for Sports Medicine published the 1st edition of the Preparticipation Sports Physical Examination monograph nearly 30 years ago. Currently in its 4th edition, the monograph contains the most recent evidence and consensus-based recommendations pertaining to the history, physical exam and clearance to play guidelines for practitioners caring for active youth.

9:00 am – 10:00 am – Sports Medicine
Nutritional Considerations for the Young Athlete—The Female Athlete Triad
The growing popularity of organized youth sports is well documented. Young women are now participating in organized sports at historic levels. However, many active young women are often either misinformed on the proper dietary habits necessary for optimal health or willingly undermine their performance in the short term and adversely impact their health in the long term through destructive eating and exercise behaviors. The Female Athlete Triad is an increasingly recognized disorder in which aberrant eating behaviors coupled with excessive exercise leads to early bone demineralization at a crucial developmental period. The basis of this disorder will be discussed, its pathophysiology, early recognition and approaches to management will be presented from a primary care perspective.

10:00 am – 10:10 am
Coffee Break

10:10 am – 12:10 am – Orthopedics
Diagnosis and Treatment of Shoulder Injuries
Rotator cuff syndrome; impingement, frozen shoulder; subacromial bursitis; bicipital tendonitis; A-C joint disease

12:10 pm
Session Adjourns
Sunday, December 3rd:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 10:00 am – Orthopedics
Diagnosis and Treatment of Knee Injuries
ACL, meniscus, MRI; common sports injuries; osteoarthritis and hyaluronan; bursitis: prepatellar, pesanserine; baker’s cyst; joint injection/X-ray interpretation; pediatrics

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Distinguish signs of weakness and other neurological disorders
• Evaluate and treat lower back pain
• Distinguish dementia from delirium, as well as describe the neurologic changes of normal aging
• Describe the anatomy and function of the shoulder and knee joints
• Describe how and when to utilize joint aspiration and injection for the shoulder and knee joints
• Discuss signs, symptoms, significance and approach to mild traumatic brain injury as a consequence of athletic endeavors
• List the current recommendations, controversies and medicolegal considerations surrounding treating the adolescent athlete
• Discuss what is involved with malpractice lawsuits and identify ways to reduce overhead costs
• Describe various retirement plan options and review tax benefits of those options

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of November 10, 2016 has been reviewed and is acceptable for up to 13 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 11 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 11 contact hours (1.1 CEUs) of the Accreditation Council for Pharmacy Education.
Universal Program Number: 0816-0000-17-070-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.