INTERNAL MEDICINE FOR PRIMARY CARE:
GERIATRICS/PAIN/RHEUMATOLOGY

Newport, Rhode Island – Newport Marriott
October 7 – 9, 2016
Friday, October 7th:
7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Rheumatology
Evaluating the Patient with Joint Pain
Differentiating between inflammatory and non-inflammatory joint pain; the utility of joint aspiration with interpretation of synovial fluid analysis; differential diagnosis of joint pain

9:00 am – 10:00 am – Rheumatology
Update in Pharmacology for Arthritis
Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; DMARDs for RA; acetaminophen and injections

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:00 am – Pain Management
Non-Opioid Pharmacologic Options in Pain Management
Antidepressants, anticonvulsants and medical marijuana

11:00 am – 11:50 am – Pain Management
Opioid Pharmacologic Options in Pain Management
Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

11:50 am – 12:40 pm – Rheumatology
Differential Diagnosis of Inflammatory Arthritis
Clinical presentation and laboratory work-up for rheumatoid arthritis, SLE, spondyloarthropathies, PMR, crystal disease, Sjogrens syndrome and infectious arthritis

12:40 pm
Session Adjourns
Saturday, October 8th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Pain Management
Interventional Pain Management Options
Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners.

9:00 am – 10:00 am – Pain Management
Fibromyalgia
Differential diagnosis and treatment of this difficult-to-manage pain syndrome

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:00 am – Rheumatology
Osteoarthritis
Pathogenesis, diagnosis and treatment

11:00 am – 11:50 am – Geriatrics
Approach to the Geriatric Patient
Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

11:50 am – 12:40 pm – Geriatrics
Assessing and Managing Urological Disorders
Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

12:40 pm
Session Adjourns
Sunday, October 9th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Geriatrics
Diagnosis and Management of the Patient with Dementia or Alzheimer’s Disease
Assessing mild cognitive impairment, dementia and Alzheimer’s Disease; therapeutic options

9:00 am – 10:00 am – Geriatrics
Case Presentations

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
• Evaluate and treat osteoarthritis, inflammatory arthritis, and fibromyalgia
• Discuss non-opioid, opioid, and interventional pain management strategies
• Utilize a comprehensive geriatric assessment to identify potential issues
• Assess and manage urologic disorders in the older adult
• Differentiate between cognitive impairment, dementias, and Alzheimer’s Disease, and formulate appropriate treatment options

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of October 7, 2016 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 11 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 11 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 11 contact hours (1.1 CEUs) of the Accreditation Council for Pharmacy Education.
Universal Program Number: 0816-0000-16-042-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.