INTERNAL MEDICINE FOR PRIMARY CARE: NEUROLOGY/ORTHOPEDICS/PAIN/PSYCHIATRY

Walt Disney World Resort, Florida – Disney’s Boardwalk Inn Resort
December 1 – 4, 2016
Thursday, December 1st:
7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Neurology
The Neurological Exam
Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

9:00 am – 10:00 am – Neurology
Evaluating Weakness
Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Pain Management
Non-Opioid Pharmacologic Options in Pain Management
Antidepressants, anticonvulsants and medical marijuana

11:10 am – 12:10 pm – Pain Management
Opioid Pharmacologic Options in Pain Management
Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

12:10 pm
Session Adjourns
Friday, December 2nd:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Pain Management
Interventional Pain Management Options
Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners.

9:00 am – 10:00 am – Pain Management
Fibromyalgia
Differential diagnosis and treatment of this difficult-to-manage pain syndrome

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Neurology
Alzheimer’s Disease & Other Dementias
Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

11:10 am – 12:10 pm – Psychiatry
I Don’t Care About Anything, Doc (Depression)
History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

12:10 pm
Session Adjourns
Saturday, December 3rd:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Psychiatry
I Just Drink a Few Beers At Night (Substance Abuse)
Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

9:00 am – 10:00 am – Psychiatry
Suicide and Violence
Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:40 am – Orthopedics
Diagnosis and Treatment of Shoulder Injuries
Rotator cuff syndrome; impingement, frozen shoulder; sub acromial bursitis; bicipital tendonitis; A-C joint disease

11:40 am – 12:10 pm – Orthopedics
Shoulder Examination and Injection Workshop
Small-group workshops. Please wear tank tops so shoulders are exposed

12:10 pm
Session Adjourns
Sunday, December 4th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:30 am – Orthopedics
Diagnosis and Treatment of Knee Injuries
ACL, meniscus, MRI; common sports injuries; osteoarthritis and hyaluronan; bursitis: prepatellar, pes anserine; baker’s cyst; joint injection/X-ray interpretation; pediatrics

9:30 am – 10:00 am – Orthopedics
Knee Examination, Injection and Aspiration Workshop
Small-group workshops. Please wear loose gym shorts.

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:

• Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
• Delineate the differential diagnosis and treat Alzheimer’s disease
• Discuss non-opioid, opioid, and interventional pain management strategies
• Accurately diagnose and treat (pharmacologic and nonpharmacologic) depression and substance abuse in adults
• Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
• Describe the anatomy and function of the shoulder and knee joints
• Describe how and when to utilize joint aspiration and injection for the shoulder and knee joints

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers. 
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of December 1, 2016 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
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Universal Program Number: 0816-0000-16-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.