INTERNAL MEDICINE FOR PRIMARY CARE:
GERIATRICS/NEUROLOGY/PSYCHIATRY/ RHEUMATOLOGY

Walt Disney World Resort, Florida – Disney’s Grand Floridian Resort & Spa
October 15 – 19, 2017
Sunday, October 15th:

3:30 pm – 4:00 pm  
Registration

4:00 pm – 5:15 pm – Geriatrics  
Assessing and Managing Urological Disorders  
Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

5:15 pm – 6:00 pm – Geriatrics  
Addressing Cardiovascular Problems  
Anti-coagulation; atrial fibrillation; congestive heart failure; ischemic disease; risk factors: hyperlipidemia, hypertension, etc.

6:00 pm  
Session Adjourns
Monday, October 16th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Neurology
The Neurological Exam
Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predictions; examination of infants; demonstration on conducting exam

9:00 am – 10:00 am – Neurology
Epilepsy, Paroxysmal Disorders, Treatment and Status Epilepticus
Paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome; treatment of the epilepsies; goals of treatment; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Geriatrics
Vascular Problems
Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

11:15 am – 12:30 pm – Geriatrics
Diagnosis and Management of the Patient with Dementia or Alzheimer’s Disease
Assessing mild cognitive impairment, dementia and Alzheimer’s Disease; therapeutic options

12:30 pm
Session Adjourns
Tuesday, October 17th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Rheumatology
Evaluating the Patient with Joint Pain
Differentiating between inflammatory and non-inflammatory joint pain; the utility of joint aspiration with interpretation of synovial fluid analysis; differential diagnosis of joint pain

9:00 am – 10:00 am – Rheumatology
Osteoporosis
Epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic option

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Neurology
Evaluating Weakness
Discuss while using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

11:15 am – 12:30 pm – Neurology
Parkinson’s Disease and Other Movement Disorders
Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complications; other movement disorders; neuroleptic-induced movement disorders

12:30 pm
Session Adjourns
Wednesday, October 18th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:15 am – Psychiatry
I Don’t Care About Anything, Doc (Depression)
History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

9:15 am – 10:00 am – Psychiatry
I’m Always So Nervous, Doc (Anxiety Disorders)
Generalized anxiety disorder, panic disorder, and social phobia; focus on etiology, diagnosis, co-morbidity and treatment of these common and disabling conditions

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Rheumatology
Gout and Pseudogout
Diagnose and treat crystal diseases such as gout and pseudogout

11:15 am – 12:30 pm – Rheumatology
Fibromyalgia
Diagnosis and treatment of this difficult-to-manage pain syndrome

12:30 pm
Session Adjourns
Thursday, October 19th:

**7:30 am – 8:00 am**
Continental Breakfast

**8:00 am – 9:00 am – Psychiatry**
Prevention, Adherence, and Coping with Chronic Illness
Optimization of psychiatric and medical treatment; strengthening the patient’s response to psychiatric and medical treatment through optimizing adherence; behavioral strategies and specific tools to help change health behaviors

**8:00 am – 9:00 am – Psychiatry**
Suicide and Violence
Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

**10:00 am**
Conference Adjourns
Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine.

Learning Objectives
Upon completion of this program, participants should be better able to:
• Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
• Delineate the differential diagnosis and treat movement disorders and seizures
• Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
• Evaluate and treat osteoporosis, gout and fibromyalgia
• Describe common obstacles to coping with chronic illness, and understand strategies that facilitate medication adherence, including the role of self-concept in adapting
• Discuss treatment strategies for depression and anxiety disorders
• Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
• Assess and manage cardiac, vascular, and urologic disorders
• Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options

Learning Outcome
To provide updates in primary care medicine to office based providers.
Disclosure of Conflicts of Interest
Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of October 15, 2017 has been reviewed and is acceptable for up to 17 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 17 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 17 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 17 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This CE activity provides 17 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 17 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 17 contact hours (1.7 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-17-063-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.