ISSUES IN WOMEN'S HEALTH

Grand Wailea Resort, Maui, Hawaii

October 9 – 13, 2011

Participating Faculty
Educational Objectives
This program is oriented to primary care physicians, physician assistants, nurse practitioners, registered nurses and other health professionals involved in women’s health. Upon completion of this program, participants should be able to:

- Recognize and manage common symptoms of depression and other psychiatric disorders in women
- Describe the management and treatment of abnormal pap smears and HPV
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Identify current strategies for managing osteoporosis, thyroid disorders.
- Describe the latest approaches to managing obese patients.
- Distinguish between ovulatory and anovulatory uterine bleeding and other menstrual abnormalities and select appropriate treatment options.
- Explain gender differences in cardiovascular disease and how to manage them.

Sunday, October 9th:
3:30 - 4:00 pm
Registration and Breakfast

4:00 - 4:10 pm
Program Overview

4:10 - 5:10 pm
Abnormal Uterine Bleeding
Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

5:10 – 6:15 pm
Menopausal Transition and Hormone Replacement Therapy
Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

6:15 pm
Session Adjourns

Monday, October 10th:
8:00 – 9:00 am
Osteoporosis
Diagnosis and treatment

9:00 – 10:00 am
Managing Obesity
Etiology, complications; use of appetite suppressant medications; lifestyle modifications; current treatment options; when should surgery be performed.

10:00 – 10:15 am
Coffee Break
Monday, October 10th (continued):

10:15 – 10:45 am
**Management of Abnormal Pap Smears**
Current recommendations for cervical cancer screening; incorporating the 2007 ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing

10:45 – 11:15 am
**Management of High-Risk HPV**
The natural history of HPV infection in women and effectiveness of the HPV vaccine; determining appropriate candidates for the use of the HPV vaccine; management of women with prior history and recommendations for missed doses; storage and administration of vaccine; contraindications to use; CPT codes for billing

11:15 – 12:15 pm – OB/GYN
**Case Presentations**

Tuesday, October 11th:

8:00 – 9:00 am
**Depression in Women**
Signs and symptoms of depression; treatment options

9:00 – 10:00 am
**Other Psychiatric Disorders**
Social anxiety; mood disorders; PMS-practical management approaches

10:00 - 10:10 am
**Coffee Break**

10:15 – 11:15 am
**Thyroid Disorders in Women**
Management of thyroid disorders; postpartum thyroiditis

11:15 – 12:15 am - Endocrinology
**Case Presentations**

12:15 pm
**Session Adjourns**
**Wednesday, October 12th:**

8:00 – 9:00 am
*Cardiovascular Disease in Women: Epidemiology & Prevention*
Gender differences in prevalence and outcomes, AHA guidelines for CVD prevention in women update..

9:00 - 10:00 am
*Cardiovascular Disease in Women: Diagnosis & Treatment*
Differential diagnosis of chest pain, stress testing in women, management of angina and the acute coronary syndromes.

10:00 - 10:15 am
*Coffee Break*

10:15 – 11:15 am
*Chronic Fatigue Syndrome*
Symptoms and diagnosis of CFS; treatment options

11:15 – 12:15 pm – Psychiatry
*Case Presentations*

12:15 pm
*Session Adjourns*

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**Thursday, October 13th:**

8:00 – 9:00 am
*The Woman with Cardiac Symptoms*
Evaluation of palpitations, syncope, mitral valve prolapse, chest pain with normal coronary arteries, the “broken heart syndrome.”

9:00 - 10:00 am
*Case Presentations-Cardiology*

10:00 – 10:15 am
*Closing Comments and Course Evaluations*

10:15 am
*Seminar Adjourns*