Educational Objectives
This program is oriented to primary care physicians, physician assistants, nurse practitioners, registered nurses and other health professionals involved in women’s health. Upon completion of this program, participants should be able to:

- Recognize and manage common symptoms of depression and other psychiatric disorders in women
- Describe the management and treatment of abnormal pap smears and HPV
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Identify current strategies for managing osteoporosis, thyroid disorders and obese patients
- Discuss the symptoms, diagnosis and treatment of Chronic Fatigue Syndrome (CFS)
- Distinguish between ovulatory and anovulatory uterine bleeding and other menstrual abnormalities and select appropriate treatment options

Friday, October 22nd:
7:30 - 8:00 am
Registration and Breakfast

8:00 - 8:10 am
Program Overview

8:10 - 9:00 am
Abnormal Uterine Bleeding
Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

9:00 - 9:50 am
Menopausal Transition and Hormone Replacement Therapy
Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

9:50 - 10:00 am
Coffee Break

10:00 - 10:30 am
Case Presentations – OB

10:30 - 11:30 am
Osteoporosis
Diagnosis and treatment

11:30 am - 12:30 pm
Managing Obesity
Etiology, complications; use of appetite suppressant medications; lifestyle modifications; current treatment options; when should surgery be performed
Saturday, October 23rd:

8:00 - 8:30 am  
**Management of Abnormal Pap Smears**  
Current recommendations for cervical cancer screening; incorporating the 2007 ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing

8:30 - 9:00 am  
**Management of High-Risk HPV**  
The natural history of HPV infection in women and effectiveness of the HPV vaccine; determining appropriate candidates for the use of the HPV vaccine; management of women with prior history and recommendations for missed doses; storage and administration of vaccine; contraindications to use; CPT codes for billing

9:00 - 10:00 am  
**Thyroid Disorders in Women**  
Management of thyroid disorders; postpartum thyroiditis

10:00 - 10:10 am  
**Coffee Break**

10:10 - 10:40 am  
**Case Presentations – Endocrinologist**

10:40 - 11:30 am  
**Depression in Women**  
Signs and symptoms of depression; treatment options

11:30 am - 12:30 pm  
**Other Psychiatric Disorders**  
Social anxiety; mood disorders; PMS-practical management approaches

Sunday, October 24th:

8:00 - 9:00 am  
**Chronic Fatigue Syndrome**  
Symptoms and diagnosis of CFS; treatment options

9:00 - 10:00 am  
**Case Presentations**

10:00 - 10:15 am  
**Closing Comments and Course Evaluations**

10:15 am-  
**Seminar Adjourns**
HOTEL RATES/INFORMATION

Accommodations
The discount rate at the Disney's BoardWalk Inn Resort Orlando, Florida is $271.00 per night (single or double occupancy) All guest rooms are subject to applicable sales and resort taxes, currently 12.5% (subject to change). Extra person charge is $25.00 per night for 3rd and 4th person. Children under 18 may stay for free in their parents' room using existing bedding.

Deposit Requirements/Cancellation Policy
The hotel requires a 1 night's deposit to guarantee your room. Room cancellation must be made 5 days prior to your scheduled arrival date or you will forfeit your room deposit.

Check-in/out times
Check-in time is 3:00 p.m. and check-out time is 11:00 a.m. Guests arriving before check-in time will be accommodated as rooms become available. Guest staying in their rooms beyond the check-out time without Hotel authorization will be charged all applicable Hotel room charges and fees. Every effort is made to accommodate special rooming requests, but they cannot be guaranteed.

Travel Arrangements
For flight information or airline tickets, please contact Dani B. at Options Travel. You may contact Dani at 1-866-622-1602 extension 109 or by email at Danib@optionstravel.com. Options Travel is an independent travel company. There is a per ticket processing fee. We strongly recommend that you make your flights and hotel reservations as soon as possible.

Park Tickets
To purchase discount park tickets please visit www.disneyconventionear.com/MER1010 (this link will expire on March 16, 2010) or call the ticket office at 407-566-5600.

ORLANDO-AREA INFORMATION

Location & Climate
Orlando is located in central Florida and is home to Walt Disney World. The average temperature in Orlando is between 70 and 90 degrees depending on the season.

Transportation
Orlando International Airport is located in the heart of Orlando and offers car rentals, taxi service and shuttles to the Walt Disney World Resorts (WDW). WDW Resorts also offers a complimentary shuttle from the airport, the Disney Magical Express, which is available to any visitors staying at the WDW Resorts. Once at the WDW resorts, complimentary shuttle buses are available to any of the Walt Disney World attractions.

Attractions
The main attractions while staying in Orlando are the Walt Disney World Parks including: Magic Kingdom, Epcot, MGM Grand Studio, Disney's Animal Kingdom, Blizzard Beach and Typhoon Lagoon.
Bicycling, fishing, golfing or visiting Busch Gardens and Sea World are also among the many attractions. The Kennedy Space Center is another great attraction and is just an hour's drive east of Orlando.
Downtown Disney offers great shopping, dining and entertainment including: Cirque du Soleil's La Nomba and Disney Quest. Disney's Boardwalk offers visitors a chance to travel back in time along the waterfront and features shopping, dining and street performers.

Dining
Orlando offers more than 5,000 restaurants from fine dining and dinner shows to casual diners.

Area Information: www.orlandoinfo.com

Hotel Contact Information:
Disney's Boardwalk Resort
2101 N Epcot Resorts Blvd
Lake Buena Vista, FL 32830
407-939-5100
http://disneyworld.disney.go.com
DISNEY’S MAGICAL EXPRESS SERVICE

This exclusive complimentary shuttle and luggage delivery services takes you from the airport directly to your Disney Resort.

Here’s how Disney’s Magical Express work:

After receiving your room confirmation, you may book your Disney’s Magical Express reservation by calling 407-827-6777.

Prior to arrival, you will be mailed an Airport Transportation Booklet containing general information and special luggage tags which you will attach to your luggage before departure.

Upon arrival at Orlando International Airport, you will be greeted by a Disney representative who will direct you to the Disney Airport Welcome Center in Terminal A.

You will enjoy complimentary motor coach transportation to your Disney Resort while your luggage goes straight from the plane to your room. After you arrive at the Disney Resort, your luggage will be delivered directly to your room.

At the end of your stay, you will enjoy the same convenience of Disney’s Magical Express service from your Disney Resort to Orlando International Airport.