WOMEN’S HEALTH FOR PRIMARY CARE

San Diego, California – Hotel del Coronado
August 10 – 13, 2017
Thursday, August 10th:

7:30 am – 8:00 am  
Registration and Hot Breakfast

8:00 am – 9:00 am – Gynecology  
Abnormal Uterine Bleeding  
Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

9:00 am – 10:00 am – Gynecology  
Menopausal Transition and Hormone Replacement Therapy  
Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

10:00 am – 10:10 am  
Coffee Break

10:10 am – 11:10 am – Endocrinology  
Osteoporosis  
Diagnosis and treatment

11:10 am – 12:10 pm – Endocrinology  
Managing Obesity  
Etiology, complications; use of appetite suppressant medications; lifestyle modifications; current treatment options; when should surgery be performed

12:10 pm  
Session Adjourns
Friday, August 11th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 8:45 am – Gynecology
Breast Cancer Screening
Comparison of recent breast cancer screening recommendations from USPSTF, ACOG/ACS/NCI/NCCN; Discussion of risks and benefits of screening at various ages; Review of the scientific basis for screening

8:45 am – 10:00 am – Gynecology
Cervical Cancer Screening Including HPV Management
Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am - Endocrinology
Thyroid Disorders in Women
Management of thyroid disorders; postpartum thyroiditis

11:10 am – 12:10 pm – Psychiatry
Depression in Women
Signs and symptoms of depression; treatment options

12:10 pm
Session Adjourns
Saturday, August 12th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Cardiology
Arrhythmia Management for Primary Care
Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

9:00 am – 10:00 am – Cardiology
Hypertension Update
JNC-8 update; goals of treatment; thiazides for all?; special populations – diabetics, the elderly, renal failure

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Psychiatry
Other Psychiatric Disorders
Social anxiety; mood disorders; PMS-practical management approaches

11:10 am – 12:10 pm – Psychiatry
Anxiety Disorders
Symptoms and diagnoses; treatment options

12:10 pm
Session Adjourns
Sunday, August 13th:

7:30 am – 8:00 am  
Continental Breakfast

8:00 am – 9:00 am – Cardiology  
Congestive Heart Failure  
Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

9:00 am – 10:00 am – Cardiology  
Primary and Secondary Prevention of CAD  
AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

10:00 am  
Conference Adjourns

Target Audience  
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives  
Upon completion of this program, participants should be better able to:

• Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
• Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
• Discuss updated recommendations for breast cancer screening and interpretation
• Identify current strategies for managing osteoporosis, thyroid disorders and obese patients
• Discuss the symptoms, diagnosis and treatment of anxiety
• Recognize and manage common symptoms of depression and other psychiatric disorders in women
• Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias, and CAD
• Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias, and CAD

Learning Outcome  
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, *Men’s & Women’s Health For Primary Care*, with a beginning date of August 10, 2017 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-17-055-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.