



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

MEN'S & WOMEN'S HEALTH FOR PRIMARY CARE: ENDOCRINOLOGY/GYNECOLOGY/MEN'S UROLOGY

**Walt Disney World Resort, Florida – Disney's Yacht & Beach Club Resorts
October 30 – November 1, 2020**

Participating Faculty

Mark D. Pearlman, MD

S Jan Behrman Professor, Department of Ob/Gyn
Vice Chair, Obstetrics & Gynecology
Service Chief, Gyn Oncology, Benign Gyn and REI
Director, Fellowship in Cancer Genetics & Breast Health
Professor, Department of Surgery, Michigan Medicine
Ann Arbor, Michigan

Whitney W. Woodmansee, MD

Professor of Medicine
Director, Neuroendocrine/Pituitary Program
Director, Thyroid Cancer Program
University of Florida
Department of Medicine, Division of Endocrinology, Diabetes and Metabolism
Gainesville, Florida

Tony C. Wu, MD

Clinical Associate Professor of Medicine
Warren Alpert Medical School
Brown University
Rhode Island Hospital
Providence, Rhode Island



Mark D. Pearlman, MD

S Jan Behrman Professor, Department of Ob/Gyn
Vice Chair, Obstetrics & Gynecology
Service Chief, Gyn Oncology, Benign Gyn and REI
Director, Fellowship in Cancer Genetics & Breast Health
Professor, Department of Surgery, Michigan Medicine
Ann Arbor, Michigan

Dr. Pearlman received his undergraduate degree from the University of Michigan in Ann Arbor and his medical degree from Michigan State University in Lansing. After completing both his internship and residency in OB/GYN at William Beaumont Hospital in Royal Oak, Michigan, he received his fellowship training in Infectious Diseases in Obstetrics and Gynecology at Baylor College of Medicine in Houston, Texas.

Dr. Pearlman is a full-time physician and surgeon and his practice focuses on women with breast cancer and women at risk for breast, ovarian and other gynecologic cancer. In addition, Dr. Pearlman is the founding director of the “Breast Health” fellowship at the University of Michigan. He is a fellow in the American College of Obstetricians and Gynecologists and a founding member of the International Infectious Disease Society for Obstetrics and Gynecology, USA. He is currently the S Jan Professor and Chair of Ob/Gyn at the University of Michigan. He has received numerous awards and honors including “Best Doctors in America” for the past ten years. In 2019, he received the *Lifetime Achievement Award in Clinical Care* from the University of Michigan.

Dr. Pearlman is an active researcher and has authored more than 120 peer review articles, chapters and textbooks in obstetrics and gynecology, and is on the editorial board or peer reviewer for more than two dozen journals.



Whitney W. Woodmansee, MD

Professor of Medicine

Director, Neuroendocrine/Pituitary Program

Director, Thyroid Cancer Program

University of Florida

Department of Medicine, Division of Endocrinology, Diabetes and Metabolism

Gainesville, Florida

Whitney W. Woodmansee is a Professor of Medicine in the University of Florida's Division of Endocrinology, Diabetes and Metabolism, and also serves as the Director for the UF Neuroendocrine/Pituitary Program and Thyroid Cancer Program.

Dr. Woodmansee received her bachelor's and master's degrees from the University of Colorado, Boulder. She then went on to complete her medical degree with honors at the University of Colorado Health Sciences Center. Following an internship and residency in Internal Medicine, she completed a fellowship in Endocrinology, Metabolism and Diabetes at the University of Colorado Health Sciences Center and is board-certified in Endocrinology.

Dr. Woodmansee is a member of several professional societies including the Endocrine Society, Women in Endocrinology, American Thyroid Association, Pituitary Society and American Association of Clinical Endocrinologists. She has served on a number of committees including the American Thyroid Association's Patient Education and Advocacy committee and currently serves on the editorial board of the online publication *Clinical Thyroidology for the Public*. She is on the editorial board for a number of other journals including *Endocrine Practice* and *Current Opinion in Endocrinology and Diabetes*. She is the Past Chair of both the Program and Development Committees for the Women in Endocrinology Annual Meeting and was recently elected President of Women in Endocrinology.



A NON-PROFIT ORGANIZATION

PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

Dr. Woodmansee has been involved in both basic science and clinical research and has numerous publications in the pituitary/thyroid field. Spending much of her career specializing in pituitary and thyroid disorders, she has also served as Director of the Clinical Neuroendocrine Program at the Brigham and Women's Hospital/ Harvard Medical School in Boston, MA and the Medical Director of the Neuroendocrine/Pituitary Program at the Mayo Clinic in Jacksonville, FL. Dr. Woodmansee has been a principal investigator in a number of clinical trials related to pituitary disorders and her current primary research interest is in the area of hypopituitarism. She specializes in treating patients with pituitary and thyroid disorders.



Tony C. Wu, MD

Clinical Associate Professor of Medicine
Warren Alpert Medical School
Brown University
Rhode Island Hospital
Providence, Rhode Island

Dr. Wu received his undergraduate degree from Johns Hopkins University in Baltimore, Maryland in 1988 and his medical degree from UMDNJ – Robert Wood Johnson Medical School in Piscataway, New Jersey in 1993. He completed his residency training at Rhode Island Hospital in 1996 and was Chief Medical Resident at the VA Medical Center in 1997.

Dr. Wu is board certified in Internal Medicine and has been the recipient of numerous awards and honors, including Brown Medical School Department of Medicine Beckwith Family Award for Outstanding Teaching, the Internal Medicine Housestaff Teaching Award and has been mentioned in *Rhode Island Magazine – Top Doctors*.

Dr. Wu also serves on the CCAP committee (Clinical Appointments) at Brown Medicine and serves on the Graduate Medical Education Committee at Rhode Island Hospital. Dr. Wu enjoys ballroom dancing and golf in his spare time.

Friday, October 30th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Tony C. Wu, MD

Sexually Transmitted Infections

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

8:30 am – 9:30 am – Tony C. Wu, MD

Androgen Replacement, Sexual Function

Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

9:30 am – 10:30 am – Tony C. Wu, MD

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

10:30 am – 10:40 am

Coffee Break

10:40 am – 11:40 am – Whitney W. Woodmansee, MD

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

11:40 am – 12:40 pm – Whitney W. Woodmansee, MD

Disorders of Calcium Metabolism

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

12:40 pm

Session Adjourns

Saturday, October 31st:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Whitney W. Woodmansee, MD

Thyroid Disorders in Women

Management of thyroid disorders; postpartum thyroiditis

8:30 am – 9:30 am – Whitney W. Woodmansee, MD

Managing Obesity

Etiology, complications; use of appetite suppressant medications; lifestyle modifications; current treatment options; when should surgery be performed

9:30 am – 10:30 am – Tony C. Wu, MD

Male Malignancies (testes, prostate)

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

10:30 am – 10:40 am

Coffee Break

10:40 am – 11:40 am – Mark D. Pearlman, MD

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

11:40 am – 12:40 pm – Mark D. Pearlman, MD

Menopausal Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

12:40 pm

Session Adjourns



Sunday, November 1st:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Mark D. Pearlman, MD

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

8:30 am – 9:30 am – Mark D. Pearlman, MD

Breast Cancer Screening and USPSTF Guideline Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Identify current strategies for managing osteoporosis, thyroid disorders and obese patients
- Discuss the biology and screening, and treatment options of prostate cancer and testicular cancer
- Discuss medical management of male sexual health including sexual function and androgen replacement

Learning Outcome

To provide updates in primary care medicine to office based providers

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

The **faculty** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<i>Name of Faculty</i>	<i>Reported Financial Relationship</i>
Mark D. Pearlman, MD	Grants/Research Support: CDC Early Onset Breast Cancer, consultant
Whitney W. Woodmansee, MD	Consulting Fees: Corcept, Scientific Advisory Board Ownership Interest/Shareholder: Previous Employee Eli Lilly and Company
Tony C. Wu, MD	No financial relationships to disclose

The **content managers** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<i>Name of Content Manager</i>	<i>Reported Financial Relationship</i>
MER content managers	No financial relationships to disclose
MER nurse planner	No financial relationships to disclose

Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-115-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.