



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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CARDIOLOGY & PULMONOLOGY FOR PRIMARY CARE

**Napa Valley/Sonoma, California – The Fairmont Sonoma Mission Inn & Spa
April 27 – 29, 2018**

Friday, April 27th:

7:30 am - 8:00 am

Registration and Hot Breakfast

8:00 am - 9:00 am – Pulmonology

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

9:00 am – 9:50 am – Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

9:50 am - 10:00 am

Coffee Break

10:00 am – 10:50 am – Cardiology 1

Work-up of Patients with Suspected CAD: Which Tests for Which Patients

Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

10:50 am – 11:40 am – Cardiology 1

Acute Coronary Syndromes: Initial Work-up and Treatment

Emergency evaluation; diagnosing and treating ST segment elevation and non-ST segment elevation MIs

11:40 am - 12:40 pm – Cardiology 1

Case Presentations

12:40 pm

Session Adjourns

Saturday, April 28th:

7:30 am - 8:00 am

Hot Breakfast

8:00 am – 8:50 am – Cardiology 1

Arrhythmia Management for Primary Care

Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

8:50 am – 9:40 am – Cardiology 2

Hypertension Update

2017 ACC/AHA Guideline; New goals of treatment; Special populations – diabetics, the elderly; Renal failure, resistant hypertension; Influence of frailty

9:40 am – 9:50 am

Coffee Break

9:50 am – 10:50 am – Cardiology 2

Congestive Heart Failure

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

10:50 am – 11:40 am – Pulmonology

Everything You Need to Know About COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

11:40 am - 12:40 pm – Pulmonology

Case Presentations

12:40 pm

Session Adjourns

Sunday, April 29th:

7:30 am - 8:00 am

Continental Breakfast

8:00 am - 9:00 am – Cardiology 2

Primary and Secondary Prevention of CAD

AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

9:00 am - 10:00 am – Cardiology 2

Case Presentations

10:00 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias, ACS and CAD
- Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias, ACS and CAD
- Identify the pathophysiology and diagnostic approach of asthma, COPD and common respiratory infections
- Design treatment strategies reflective of current evidence based medicine for asthma, COPD and common respiratory infections

Learning Outcome

To provide updates in primary care medicine to office based providers



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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 11 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

This Live activity, *Cardiology & Pulmonology for Primary Care*, with a beginning date of April 27, 2018 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

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This CE activity provides 11 contact hours of continuing nursing education.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.

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Universal Program Number: 0816-0000-18-042-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.