



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

**INTERNAL MEDICINE FOR PRIMARY CARE:
EAR NOSE THROAT/MEDICOLEGAL/NEUROLOGY/PSYCHIATRY**

**Nassau, Bahamas – Atlantis Paradise Island Resort
May 17 – 20, 2018**

Thursday, May 17th:

7:30 am – 8:00 am

Registration and Hot Breakfast

8:00 am – 9:00 am – Ear, Nose & Throat

Evaluation of the Neck Mass

Patients presenting with masses in the neck are challenging and worrisome. The diagnostic and therapeutic process is described. A method for evaluating the mass, guidance on when imaging studies are indicated, and when immediate or routine referral to ENT becomes appropriate is discussed.

9:00 am – 10:00 am – Ear, Nose & Throat

The Use of Antimicrobial Therapy in Treating Sinusitis

Lecture will focus on the use of antimicrobial agents in treating acute and chronic sinusitis, with regards to common pathogens, emerging resistance and oral vs. topical regimens. Additionally, discussion will focus on the appropriate time to order a sinus CT scan and refer to a specialist.

10:00 am – 10:10 am

Coffee Break

10:10 am – 11:10 am – Medicolegal

The 10 Biggest Mistakes that Physicians Make in their Investments and Business Planning

Identifying friends and foes; How to use and not be used by advisors; Time tested methods of financial and practice disaster avoidance

11:10 am – 12:10 pm – Medicolegal

Lawsuits 101

How it works; What to expect; What your lawyer and insurance carrier may not tell you

12:10 pm

Session Adjourns

Friday, May 18th:

7:30 am – 8:00 am

Hot Breakfast

8:00 am – 9:00 am – Ear, Nose & Throat

A Primary Care Update on the Treatment of Allergic Rhinitis

The lecture will focus on a review of the basic allergic pathways that affect the body. Special emphasis will be given to the nasal and sinus regions, with discussion to include diagnostic testing and modes of treatment, including avoidance, pharmacotherapy and immunotherapy

9:00 am – 10:00 am – Neurology

Alzheimer's Disease and Other Dementias

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

10:00 am – 10:10 am

Coffee Break

10:10 am – 11:10 am – Neurology

Evaluating Weakness

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

11:10 am – 12:10 pm – Medicolegal

50 Ways to Leave your Overhead

How to increase your income and the things you like to do; Time to sell?; If your practice isn't enjoyable, make changes now!; Frustration elimination exercises

12:10 pm

Session Adjourns

Saturday, May 19th:

7:30 am – 8:00 am

Hot Breakfast

8:00 am – 9:00 am – Psychiatry

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

9:00 am – 10:00 am – Psychiatry

Antidepressants Don't Work Doc

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

10:00 am – 10:10 am

Coffee Break

10:10 am – 11:10 am – Neurology

Sleep Disorders

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

11:10 am – 12:10 pm – Neurology

Headaches and Migraines: Vascular & Non-Vascular

Basic headache mechanisms; headache history – characteristics, precipitating factors, medical conditions; migraine – common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; giant cell arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

12:10 pm

Session Adjourns

Sunday, May 20th:

7:30 am – 8:00 am

Continental Breakfast

8:00 am – 9:30 am – Psychiatry

I Just Drink a Few Beers At Night (Substance Abuse)

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

9:30 am – 10:00 am – Psychiatry

Suicide and Violence

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

10:00 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- List evaluation and treatment options for the neck mass, sinusitis and tonsillitis
- Identify the inflammation tripod of disease processes in the head and neck region
- Discuss what is involved with malpractice lawsuits and identify ways to reduce overhead costs
- Describe various retirement plan options and review tax benefits of those options
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse, bipolar spectrum disorders, and ADHD in adults
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Explain the differential diagnosis of weakness and the clinical pharmacology of Alzheimer's and sleep disorders
- Assess and manage vascular and non-vascular headaches and migraines

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 14 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of May 27, 2018 has been reviewed and is acceptable for up to 13 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 11 contact hours of continuing nursing education.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 11 contact hours (1.1 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-18-044-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity.

This activity is certified as Knowledge-based CPE.