



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/DERMATOLOGY/GERIATRICS/PAIN MANAGEMENT**

**Hilton Head Island, South Carolina – The Westin Hilton Head Island Resort & Spa
June 7 – 10, 2018**

Thursday, June 7th:

7:30 am – 8:00 am

Registration and Hot Breakfast

8:00 am – 9:00 am – Pain Management

Non-Opioid Pharmacologic Options in Pain Management

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

9:00 am – 10:00 am – Pain Management

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

10:00 am – 10:10 am

Coffee Break

10:10 am – 11:10 am – Cardiology

Congestive Heart Failure

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

11:10 am – 12:10 pm – Cardiology

Arrhythmia Management for the Primary Care Physician

Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

12:10 pm

Session Adjourns

Friday, June 8th:

7:30 am – 8:00 am

Hot Breakfast

8:00 am – 9:00 am – Pain Management

Interventional Pain Management Options

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners.

9:00 am – 10:00 am – Pain Management

Case Presentations in Pain Management

An array of challenging cases in managing the patient with chronic pain

10:00 am – 10:10 am

Coffee Break

10:10 am – 11:10 am – Cardiology

Primary and Secondary Prevention of CAD

AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

11:10 am – 12:10 pm – Dermatology

Bacterial Infections

Impetigo, ecthyma, folliculitis, furunculosis, necrotizing fasciitis, Lyme disease, syphilis; diagnosis and management

12:10 pm

Session Adjourns

Saturday, June 9th:

7:30 am – 8:00 am

Hot Breakfast

8:00 am – 9:00 am – Dermatology

Viral Infections

Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

9:00 am – 10:00 am – Dermatology

Fungal Infections

Dermatophytes, tinea versicolor, candidiasis, selected deep fungal infections; diagnosis and management

10:00 am – 10:10 am

Coffee Break

10:10 am – 11:10 am – Geriatrics

Approach to the Geriatric Patient

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

11:10 am – 12:10 pm – Geriatrics

Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

12:10 pm

Session Adjourns

Sunday, June 9th:

7:30 am – 8:00 am

Continental Breakfast

8:00 am – 9:00 am – Geriatrics

Managing the Behavior Problems in Dementia Patients

Identification and understanding of undesired behavior; strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection

9:00 am – 10:00 am – Geriatrics

Assessing and Managing Urological Disorders

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

10:00 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage urologic disorders
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Describe current diagnostic approaches to arrhythmias, CHF, and CAD
- Implement treatment strategies reflective of current evidence based medicine for arrhythmias, CHF, and CAD
- Discuss non-opioid, opioid, and interventional pain management strategies
- Discriminate the diagnostic principles and treatment options for viral, fungal and bacterial infections

Learning Outcome

To provide updates in primary care medicine to office based providers

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 14 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of June 8, 2018 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 14 contact hours of continuing nursing education.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-18-053-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.