



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
CARDIOLOGY/DERMATOLOGY/GERIATRICS/PAIN MANAGEMENT**

**Hilton Head Island, South Carolina – The Westin Hilton Head Island Resort & Spa  
June 7 – 10, 2018**

**Thursday, June 7th:**

**7:30 am – 8:00 am**

**Registration and Hot Breakfast**

**8:00 am – 9:00 am – Pain Management**

**Non-Opioid Pharmacologic Options in Pain Management**

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

**9:00 am – 10:00 am – Pain Management**

**Opioid Pharmacologic Options in Pain Management**

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

**10:00 am – 10:10 am**

**Coffee Break**

**10:10 am – 11:10 am – Cardiology**

**Congestive Heart Failure**

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

**11:10 am – 12:10 pm – Cardiology**

**Arrhythmia Management for the Primary Care Physician**

Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

**12:10 pm**

**Session Adjourns**

**Friday, June 8th:**

**7:30 am – 8:00 am**

**Hot Breakfast**

**8:00 am – 9:00 am – Pain Management**

**Interventional Pain Management Options**

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners.

**9:00 am – 10:00 am – Pain Management**

**Case Presentations in Pain Management**

An array of challenging cases in managing the patient with chronic pain

**10:00 am – 10:10 am**

**Coffee Break**

**10:10 am – 11:10 am – Cardiology**

**Primary and Secondary Prevention of CAD**

AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

**11:10 am – 12:10 pm – Dermatology**

**Bacterial Infections**

Impetigo, ecthyma, folliculitis, furunculosis, necrotizing fasciitis, Lyme disease, syphilis; diagnosis and management

**12:10 pm**

**Session Adjourns**

**Saturday, June 9th:**

**7:30 am – 8:00 am**

**Hot Breakfast**

**8:00 am – 9:00 am – Dermatology**

**Viral Infections**

Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

**9:00 am – 10:00 am – Dermatology**

**Fungal Infections**

Dermatophytes, tinea versicolor, candidiasis, selected deep fungal infections; diagnosis and management

**10:00 am – 10:10 am**

**Coffee Break**

**10:10 am – 11:10 am – Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**11:10 am – 12:10 pm – Geriatrics**

**Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**12:10 pm**

**Session Adjourns**

## Sunday, June 9th:

**7:30 am – 8:00 am**

### **Continental Breakfast**

**8:00 am – 9:00 am – Geriatrics**

#### **Managing the Behavior Problems in Dementia Patients**

Identification and understanding of undesired behavior; strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection

**9:00 am – 10:00 am – Geriatrics**

#### **Assessing and Managing Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**10:00 am**

### **Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage urologic disorders
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Describe current diagnostic approaches to arrhythmias, CHF, and CAD
- Implement treatment strategies reflective of current evidence based medicine for arrhythmias, CHF, and CAD
- Discuss non-opioid, opioid, and interventional pain management strategies
- Discriminate the diagnostic principles and treatment options for viral, fungal and bacterial infections

### **Learning Outcome**

To provide updates in primary care medicine to office based providers



### Disclosure of Conflicts of Interest

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All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 14 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of June 8, 2018 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

### **Nursing Accreditation**

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This CE activity provides 14 contact hours of continuing nursing education.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.

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Universal Program Number: 0816-0000-18-053-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.