



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/NEUROLOGY/OPHTHALMOLOGY/  
RHEUMATOLOGY**

**Wailea, Maui, Hawaii – Grand Wailea, A Waldorf Astoria Resort  
June 10 – 14, 2018**

**Sunday, June 10th:**

**3:30 pm – 4:00 pm**

**Registration**

**4:00 pm – 5:00 pm – Rheumatology**

**Evaluating the Patient with Joint Pain**

Differentiating between inflammatory and non-inflammatory joint pain; the utility of joint aspiration and lab workup with interpretation of synovial fluid analysis; differential diagnosis of joint pain and inflammatory arthritis

**5:00 pm – 6:00 pm – Rheumatology**

**Primary Care Approach to Inflammatory Arthritis**

Clinical presentation and laboratory work-up for rheumatoid arthritis, systemic lupus erythematosus, spondyloarthropathies (SPA), infectious arthritis and systemic sclerosis; Treatment of RA with DMARDs; and treatment principles of SLE, Sjogrens, SPA and PMR

**6:00 pm**

**Session Adjourns**

**Monday, June 11th:**

**7:30 am – 8:00 am**

**Hot Breakfast**

**8:00 am – 9:00 am – Neurology**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**9:00 am – 10:00 am – Neurology**

**Epilepsy and Paroxysmal Disorders**

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome

**10:00 am – 10:10 am**

**Coffee Break**

**10:10 am – 11:15 am – Rheumatology**

**Osteoarthritis**

Pathogenesis, diagnosis and treatment

**11:15 am – 12:30 pm – Rheumatology**

**Fibromyalgia**

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

**12:30 pm**

**Session Adjourns**

**Tuesday, June 12th:**

**7:30 am – 8:00 am**

**Hot Breakfast**

**8:00 am – 9:00 am – Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**9:00 am – 10:00 am – Endocrinology**

**Insulin Therapy for Diabetes**

Treating T2DM with insulin; T1DM

**10:00 am – 10:10 am**

**Coffee Break**

**10:10 am – 11:15 am – Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**11:15 am – 12:30 pm – Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**12:30 pm**

**Session Adjourns**

**Wednesday, June 13th:**

**7:30 am – 8:00 am**

**Hot Breakfast**

**8:00 am – 9:15 am – Ophthalmology**

**Approach to the Aging Eye**

Differentiation between “normal” aging process and the “diseases” of ocular aging; Highlighting of the most common issues facing the aging population with respect to ophthalmology: macular degeneration, diabetes and glaucoma

**9:15 am – 10:00 am – Ophthalmology**

**A Primary Care Primer on Ophthalmic Emergencies**

Decreased vision, eye pain, red eye: what is an emergency in ophthalmology? Discussion of evaluation and management of these complaints in a primary care setting

**10:00 am – 10:10 am**

**Coffee Break**

**10:10 am – 11:15 am – Endocrinology**

**Management of Dyslipidemia**

Cholesterol disorders; triglyceride disorders; AHA/ACCF guidelines; new tests and current therapies

**11:15 am – 12:30 pm – Endocrinology**

**Obesity Management Update**

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

**12:30 pm**

**Session Adjourns**

**Thursday, June 14th:**

**7:30 am – 8:00 am**

**Continental Breakfast**

**8:00 am – 9:00 am – Ophthalmology  
Neuro Ophthalmology Emergencies**

**9:00 am – 10:00 am – Ophthalmology  
Circulatory Diseases of the Eye**

**10:00 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
- Evaluate and treat inflammatory arthritis, osteoarthritis, and fibromyalgia
- Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
- Delineate the differential diagnosis and treat movement disorders
- Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
- Describe the pathophysiology surrounding obesity and counsel patients on the various weight management strategies including patient selection criteria for surgery
- Discuss a comprehensive approach to eye and vision management in the aging patient
- List treatment options for patients with ophthalmic emergencies, as well as those with circulatory complications

**Learning Outcome**

To provide updates in primary care medicine to office based providers



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All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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Medical Education Resources designates this live activity for a maximum of 17 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of June 10, 2018 has been reviewed and is acceptable for up to 17 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 17 hours in Category 2-A by the American Osteopathic Association.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 17 contact hours.

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Universal Program Number: 0816-0000-18-057-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.