



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**GERIATRIC MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/GERIATRICS/PAIN MANAGEMENT**

**Walt Disney World Resort, Florida – Disney’s Grand Floridian Resort & Spa
August 2-4, 2019**

Friday, August 2nd:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Geriatrics

Approach to the Geriatric Patient

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

8:30 am – 9:30 am – Geriatrics

Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Geriatrics

Managing the Behavior Problems in Dementia Patients

Identification and understanding of undesired behavior; strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection

10:40 am – 11:40 am – Cardiology

Work-up of Patients with Suspected CAD: Which Tests for Which Patients

Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

11:40 am – 12:40 pm – Cardiology

Acute Coronary Syndromes: Initial Work-up and Treatment

Emergency evaluation; diagnosing and treating ST segment elevation and non-ST segment elevation MIs

12:40 pm

Session Adjourns

Saturday, August 3rd:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Cardiology

Congestive Heart Failure

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

8:30 am – 9:30 am – Cardiology

Primary and Secondary Prevention of CAD

AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Geriatrics

Assessing and Managing Urological Disorders

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

10:40 am – 11:40 am – Pain Management

Non-Opioid Pharmacologic Options in Pain Management

Tramadol, antidepressants, anticonvulsants, medical marijuana

11:40 am – 12:40 pm – Pain Management

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

12:40 pm

Session Adjourns

Sunday, August 4th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Pain Management

Interventional Pain Management Options

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners

8:30 am – 9:30 am – Pain Management

Fibromyalgia

Differential diagnosis and treatment of this difficult-to-manage pain syndrome;
Treatment options of anti-epileptics and SNRI's

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe current diagnostic approaches to congestive heart failure, ACS and CAD
- Implement treatment strategies reflective of current evidence based medicine for congestive heart failure, ACS and CAD
- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage urologic disorders in the elderly
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Describe medications, manual therapies, injections as well as psychological and other approaches to pain management

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians

This Live activity, *Geriatric Medicine for Primary Care*, with a beginning date of August 2, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-067-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.