



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**GERIATRIC MEDICINE FOR PRIMARY CARE:  
GERIATRICS/NEUROLOGY/ONCOLOGY**

**Scottsdale, Arizona – The Phoenician  
December 13 – 15, 2019**

**Friday, December 13th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; Functional assessment; Quality-of-life issues; Interacting with the patient and the family

**8:30 am – 9:30 am – Geriatrics**

**Assessing and Managing Urological Disorders**

Incontinence and two of the following: BPH, Prostate cancer

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Geriatrics**

**Pain Management in the Geriatric Population**

Assessment and management of pain in the older adult

**10:40 am – 11:40 am – Oncology**

**Approach to the Patient with Suspected Cancer**

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

**11:40 am – 12:40 pm – Oncology**

**Management of Cancer Survivors**

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

**12:40 pm**

**Session Adjourns**

**Saturday, December 14th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Oncology**

**Diagnosis and Management of Venous Thromboembolism**

Symptoms, signs, diagnostic studies, and interventions to prevent and treat acute deep venous thrombosis and pulmonary embolism will be reviewed

**8:30 am – 9:30 am – Oncology**

**How to Use New Antithrombotic Medications: Case Presentations**

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Geriatrics**

**Managing Mood Disorders and Behavior Problems**

Identification and understanding of undesired behavior; strategies for working with patients, including those with dementia; Communication approaches, environmental changes, the use of both rewards and redirection

**10:40 am – 11:40 am – Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**11:40 am – 12:40 pm – Neurology**

**Alzheimer's Disease & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

**12:40 pm**

**Session Adjourns**

## Sunday, December 15th:

**7:00 am – 7:30 am**

### **Continental Breakfast**

**7:30 am – 8:30 am – Neurology**

#### **Sleep Disorders in the Geriatric Population**

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

**8:30 am – 9:30 am – Neurology**

#### **Prevention and Management of Cerebrovascular Disorders**

Epidemiology; identifying the high-risk patient; treatment effects; transient neurological deficit: carotid, vertebrobasilar; non-specific cerebral symptoms; migraines vs. TIA; treatment options

**9:30 am**

### **Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage urologic disorders
- Describe the assessment and management of heart failure in older adults
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Distinguish signs of weakness and other neurological disorders
- Discuss the spectrum of sleep disorders and current management strategies
- Utilize prevention and treatment strategies for cerebrovascular disorders and stroke
- Discuss the approach and subsequent therapeutic management of the cancer patient, as well as the cancer survivor

### **Learning Outcome**

To provide updates in primary care medicine to office based providers



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## Accreditation

### Physician Accreditation

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### Credit Designation

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### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians

This Live activity, *Geriatric Medicine for Primary Care*, with a beginning date of December 13, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Universal Program Number: 0816-0000-19-122-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.