



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
EAR, NOSE & THROAT/PSYCHIATRY/RADIOLOGY AND  
REGENERATIVE MEDICINE**

**Colorado Springs, Colorado – The Broadmoor  
June 7 – 9, 2019**

## Friday, June 7th

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Psychiatry**

**I Don't Care About Anything, Doc (Depression)**

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

**8:30 am – 9:30 am – Psychiatry**

**The Complexity of Adult ADHD**

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Psychiatry**

**Treating Bipolar Disorders in Primary Care**

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

**10:40 am – 11:40 am – Ear, Nose & Throat**

**Evaluation of the Neck Mass**

In today's medical climate, it is difficult to find a delicate balance between completeness in radiographic evaluation weighed against efficient use of health care dollars. There is a straightforward primary care approach for evaluating the neck mass so that no patient goes undiagnosed while remaining efficient in ordering ancillary tests.

**11:40 am – 12:40 pm – Ear, Nose & Throat**

**The Use of Antimicrobial Therapy in Treating Sinusitis**

Lecture will focus on the use of antimicrobial agents in treating acute and chronic sinusitis, with regards to common pathogens, emerging resistance and oral vs. topical regimens. Additionally, discussion will focus on the appropriate time to order a sinus CT scan and refer to a specialist.

**12:40 pm**

**Session Adjourns**

**Saturday, June 8th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Ear, Nose & Throat**

**A Primary Care Update on the Treatment of Allergic Rhinitis**

The lecture will focus on a review of the basic allergic pathways that affect the body. Special emphasis will be given to the nasal and sinus regions, with discussion to include diagnostic testing and modes of treatment, including avoidance, pharmacotherapy and immunotherapy

**8:30 am – 9:30 am – Ear, Nose & Throat**

**Tinnitus: A Practical Approach**

Primary care approach to proper diagnosis and treatment of common ringing in the ear; includes latest advancements in treatment approaches

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Psychiatry**

**Suicide and Violence**

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

**10:40 am – 11:40 am – Radiology**

**Appropriate Ordering of Radiologic Tests for Different Clinical Scenarios**

Describe the rationale behind imaging tests that are ordered every day for various reasons, their strengths and weakness in making diagnoses, and how to use the best strategies for obtaining optimal test results. Will discuss the importance of clinical information and how to best interface with the radiologist.



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### **11:40 am – 12:40 pm – Radiology**

#### **Ultrasound Technology & Services for Primary Care**

Ultrasound is a fundamental imaging technique that is used daily for a multitude of applications. This presentation will focus on the common US tests as well as the uncommon, including Musculoskeletal Ultrasound, their capabilities in enabling diagnoses of difficult clinical conditions and uses in combination with other modalities such as MRI.

### **12:40 pm**

**Session Adjourns**

## Sunday, June 9th:

**7:00 am – 7:30 am**

### **Continental Breakfast**

**7:30 am – 8:30 am – Radiology**

### **Sports Imaging and Image Guided Interventions**

Sports injuries and mechanisms; Imaging sports injuries; Image guided treatments; Advanced therapeutics: Stem cells and other biologics

**8:30 am – 9:30 am – Radiology**

### **Stem Cell Basics & Advances in Stem Cell Therapy**

Presentation of stem cell science, rationale for stem cell therapy, and the latest developments of stem cell applications. Also briefly discuss the current FDA sentiments on stem cell medicine.

**9:30 am**

### **Conference Adjourns**

## **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

## **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Describe recent advances in ultrasound technology and rationale for ordering radiologic tests
- List strategies for incorporating stem cell therapy into practice
- List evaluation and treatment options for the neck mass, sinusitis and allergic rhinitis
- Identify and describe treatment options for disorders of the ear canal and tympanic membrane
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) depression, and ADHD in adults
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness

## **Learning Outcome**

To provide updates in primary care medicine to office based providers



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## Accreditation

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### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of June 7, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Universal Program Number: 0816-0000-19-048-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.