



A NON-PROFIT ORGANIZATION

PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

**INTERNAL MEDICINE FOR PRIMARY CARE:
BARIATRICS/ENDOCRINOLOGY/INFECTIOUS DISEASE/ PSYCHIATRY**

**Prague, Czech Republic – InterContinental Prague
July 15-18, 2019**

Monday, July 15th:

7:00 am – 7:30 am

Registration and Arrival

Rooms booked as part of the MER room block include breakfast in the hotel dining room. Participants booking outside of the MER room block, please make breakfast arrangements on your own.

7:30 am – 8:30 am – Endocrinology

2019 Updates on Diabetes (Types 1 and 2) and Prediabetes

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

8:30 am – 9:30 am – Endocrinology

Diabetic Treatments that Prevent Cardiovascular and Renal Disease

Review diabetic medications that have FDA approval to reduce CV events; Discuss the diabetic medications that may reduce the progression of chronic kidney disease

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Endocrinology

Management of Dyslipidemia

Guidelines for the management of cholesterol from AHA and ACC; Further LDL-cholesterol reduction with non-statin therapies for those with ASCVD; Risk stratification and reduction for those without ASCVD, diabetes or severe hypercholesterolemia; Recommendations for special populations

10:40 am – 11:40 am – Infectious Disease

Skin and Soft-tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

11:40 am – 12:40 pm – Infectious Disease

Gastrointestinal Infections and Clostridium Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridium difficile colitis and related updates from the ID and infection control literature

12:40 pm

Session Adjourns

Tuesday, July 16th:

7:00 am – 7:30 am

Arrival

Rooms booked as part of the MER room block include breakfast in the hotel dining room. Participants booking outside of the MER room block, please make breakfast arrangements on your own.

7:30 am – 8:30 am – Infectious Disease

Antimicrobial Stewardship and Multidrug Resistance

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

8:30 am – 9:30 am – Infectious Disease

Case Presentations: Respiratory Tract Infections

A case-based interactive discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Endocrinology

Osteoporosis Management for Primary Care

Screening and diagnosis; ACP Guidelines; Vertebral compression fractures; The role of vitamin D and calcium supplementation; Duration of bisphosphonate therapy; Osteoporosis in men

10:40 am – 11:40 am – Bariatrics

Non-Surgical Treatment Options for Obesity

Overview of obesity as a disease state; costs to the individual of being obese; use of appetite suppressant medications, lifestyle modifications

11:40 am – 12:40 pm – Bariatrics

Surgical Treatment Options for Obesity

An overview of risks and effectiveness of bariatric surgery; Overview of potential surgical options; potential complications

12:40 pm

Session Adjourns

Wednesday, July 17th:

7:00 am – 7:30 am

Arrival

Rooms booked as part of the MER room block include breakfast in the hotel dining room. Participants booking outside of the MER room block, please make breakfast arrangements on your own.

7:30 am – 8:30 am – Bariatrics

Bariatric Surgery and Co-Morbid Conditions Associated with Obesity

Who qualifies for obesity surgery; restrictive, malabsorptive and combination surgical options

8:30 am – 9:30 am – Bariatrics

Patient Management Post Bariatric Surgery

The role of the clinician for support and behavior modification; nutrition; the stages of patient management post-surgery

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Psychiatry

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

10:40 am – 11:40 am – Psychiatry

I Don't Care About Anything, Doc (Depression)

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

11:40 am

Session Adjourns

Thursday, July 18th:

7:00 am – 7:30 am

Arrival

Rooms booked as part of the MER room block include breakfast in the hotel dining room. Participants booking outside of the MER room block, please make breakfast arrangements on your own.

7:30 am – 8:30 am – Psychiatry

Burnout and Physician Wellness: Surviving the New Realities of Practice

Strategies to enable physicians and other healthcare providers cope with increased pressures and responsibilities

8:30 am – 9:30 am – Psychiatry

I'm Always So Nervous, Doc (Anxiety Disorders)

Generalized anxiety disorder, panic disorder, and social phobia; focus on etiology, diagnosis, co-morbidity and treatment of these common and disabling conditions

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss obesity treatment including both surgical and non-surgical options
- Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Diagnose and manage important infectious disease syndromes in a range of organ-based systems (respiratory, gastrointestinal, skin and soft-tissue)
- Accurately diagnose and treat (pharmacologic and nonpharmacologic), depression, anxiety disorders and ADHD in adults

Learning Outcome

To provide updates in primary care medicine to office based providers

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of July 15, 2019 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 16 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 16 contact hours of continuing nursing education.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-066-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.