

# MEN'S & WOMEN'S HEALTH FOR PRIMARY CARE: GYNECOLOGY/ENDOCRINOLOGY/MEN'S UROLOGY

Las Vegas, Nevada – Caesars Palace Las Vegas August 16-18, 2019



# Friday, August 16th:

# 7:00 am – 7:30 am Registration and Hot Breakfast

### 7:30 am – 8:30 am – Men's Urology Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

# 8:30 am – 9:30 am – Men's Urology

# Male Malignancies (testes, prostate)

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

9:30 am – 9:40 am Coffee Break

### 9:40 am - 10:40 am - Men's Urology

#### **Sexually Transmitted Infections**

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

### 10:40 am - 11:40 am - Endocrinology

**Osteoporosis** Diagnosis and treatment

### 11:40 am – 12:40 pm – Endocrinology

### **Managing Obesity**

Etiology, complications; use of appetite suppressant medications; lifestyle modifications; current treatment options; when should surgery be performed

12:40 pm Session Adjourns



# Saturday, August 17th:

7:00 am – 7:30 am Hot Breakfast

7:30 am – 8:30 am – Endocrinology Thyroid Disorders in Women

Management of thyroid disorders; postpartum thyroiditis

8:30 am – 9:30 am – Endocrinology Case Studies Challenging case presentations in endocrinology for men and women

# 9:30 am – 9:40 am

**Coffee Break** 

# 9:40 am – 10:40 am – Men's Urology

Androgen Replacement, Sexual Function

Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

# 10:40 am - 11:40 am - Gynecology

**Abnormal Uterine Bleeding** 

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

# 11:40 am - 12:40 pm - Gynecology

Menopausal Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

12:40 pm Session Adjourns



# Sunday, August 18th:

# 7:00 am – 7:30 am Continental Breakfast

# 7:30 am - 8:30 am - Gynecology

# **Cervical Cancer Screening Including HPV Management**

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

# 8:30 am - 9:00 am - Gynecology

# **Breast Cancer Screening**

Comparison of recent breast cancer screening recommendations from USPSTF, ACOG/ACS/NCI/NCCN; Discussion of risks and benefits of screening at various ages; Review of the scientific basis for screening

# 9:00 am - 9:30 am - Gynecology

**Case Studies** Challenging case presentations in women's health

9:30 am Conference Adjourns



# **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

# **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Identify current strategies for managing osteoporosis, thyroid disorders and obese patients
- Discuss the biology and screening, and treatment options of prostate cancer and testicular cancer
- Discuss medical management of male sexual health including sexual function and androgen replacement

### Learning Outcome

To provide updates in primary care medicine to office based providers



### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

### **Disclaimer**

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.



# Accreditation

#### **Physician Accreditation**

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **Credit Designation**

Medical Education Resources designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ABIM MOC Recognition**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians

This Live activity, *Men's & Women's Health For Primary Care*, with a beginning date of August 16, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### **American Osteopathic Association**

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### **American College of Emergency Physicians**

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### **Canadian Physicians**

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.



#### **American Academy of Physician Assistants**

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*<sup>TM</sup> from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### **Nursing Accreditation**

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

#### Pharmacv Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-078-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.