



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**PEDIATRIC & ADOLESCENT MEDICINE FOR PRIMARY CARE:  
INFECTIOUS DISEASE/RHEUMATOLOGY/SPORTS MEDICINE**

**Seattle, Washington – Grand Hyatt Seattle  
August 23-25, 2019**

**Friday, August 23rd:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Infectious Disease**

**Avoiding Infectious Disease Diagnostic Pitfalls in Pediatrics**

Presentation on relevant and clinically practical approaches to diagnosing the pediatric patient; discussion will focus on Kawasaki disease, neonatal HSV, complications of sinusitis/otitis and other diagnoses that should not be missed

**8:30 am – 9:30 am – Infectious Disease**

**Animal Bites and Pet Related Infection Concerns**

Presentation on bite-wound management and infections caused by pets, with clinical presentations, diagnostic and therapeutic management strategies and important clinical pearls related to rabies prophylaxis and other potentially life-threatening conditions.

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Orthopedics**

**Imaging Considerations in the Skeletally Immature Patient**

**10:40 am – 11:40 am – Rheumatology**

**Juvenile Idiopathic Arthritis (JIA)**

Risk factors for developing JIA; Diagnostic principles, Clinical presentation and diagnosis including inflammatory markers, liver function tests, ANA testing; Radiographic changes and other imaging modalities; Treatment approaches based on severity of the disease

**11:40 am – 12:40 pm – Rheumatology**

**Juvenile Lupus and Other Connective Tissue Diseases**

Systemic Lupus Erythematosus (SLE) causes, symptoms, diagnosis and treatment as well as principles of self-care; Pediatric mixed connective tissue disease (MCTD) as a separate autoimmune disorder

**12:40 pm**

**Session Adjourns**

**Saturday, August 24th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Orthopedics**

**Common Lower Extremity Injuries in the Pediatric Patient**

**8:30 am – 9:30 am – Infectious Disease**

**Respiratory Tract Infections**

A case-based interactive discussion highlighting critical points regarding the diagnosis and management of pneumonia, bronchitis, otitis media, and pharyngitis – with a focus on the impact of multidrug resistant pathogens

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Infectious Disease**

**Skin and Soft-tissue Infections**

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

**10:40 am – 11:15 am – Orthopedics**

**Common Spine Injuries in the Pediatric Patient**

**11:15 am – 12:10 pm – Orthopedics**

**Common Upper Extremity Injuries in the Pediatric Patient**

**12:10 am – 12:40 pm – Orthopedics**

**Shoulder and Knee Examination with Joint Aspiration Workshop**

Small-group workshops.

**12:40 pm**

**Session Adjourns**

## Sunday, August 25th:

**7:00 am – 7:30 am**

### **Continental Breakfast**

**7:30 am – 8:30 am – Rheumatology**

### **A Primary Care Approach to Fibromyalgia in Children and Adolescents**

Differential diagnosis and treatment of this difficult-to-manage pain syndrome

**8:30 am – 9:30 am – Rheumatology**

### **Juvenile Rheumatic Diseases That Manifest in the Skin**

Early recognition of cutaneous signs of rheumatic disease; Differential features of psoriasis and psoriatic arthritis; Cutaneous complications of rheumatic diseases and treatments

**9:30 am**

### **Conference Adjourns**

## **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

## **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Diagnose and manage important infectious disease syndromes in a range of organ-based systems (respiratory, skin and soft-tissue)
- Review important animal bite related infectious disease syndromes
- Describe diagnostic principles and treatment options of juvenile arthritic and connective tissue disorders
- Discuss cutaneous signs of rheumatic diseases as well as regional pain syndromes
- Discuss signs, symptoms, significance and approach to mild traumatic brain injury as a consequence of athletic endeavors
- List the current recommendations, controversies and medicolegal considerations surrounding treating the adolescent athlete
- Describe the effects of excessive exercise coupled with aberrant eating behaviors and recommend proper dietary habits necessary for optimal health

## **Learning Outcome**

To provide updates in primary care medicine to office based providers



### **Disclosure of Conflicts of Interest**

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## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

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### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians

This Live activity, *Pediatric & Adolescent Medicine for Primary Care*, with a beginning date of August 23, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

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This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-082-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.