



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**WOMEN'S HEALTH FOR PRIMARY CARE:
ENDOCRINOLOGY/GYNECOLOGY/PSYCHIATRY**

**San Francisco, California – JW Marriott San Francisco Union Square
August 23-25, 2019**

Friday, August 23rd:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Gynecology

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

8:30 am – 9:30 am – Gynecology

Menopausal Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Gynecology

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

10:40 am – 11:40 am – Endocrinology

Osteoporosis

Diagnosis and treatment

11:40 am – 12:40 pm – Endocrinology

Managing Obesity

Etiology, complications; use of appetite suppressant medications; lifestyle modifications; current treatment options; when should surgery be performed

12:40 pm

Session Adjourns

Saturday, August 24th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Endocrinology

Thyroid Disorders in Women

Management of thyroid disorders; postpartum thyroiditis

8:30 am – 9:30 am – Endocrinology

Case Studies

Challenging case presentations in women's endocrine health

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:10 am – Gynecology

Breast Cancer Screening

Comparison of recent breast cancer screening recommendations from USPSTF, ACOG/ACS/NCI/NCCN; Discussion of risks and benefits of screening at various ages; Review of the scientific basis for screening

10:10 am – 10:40 am – Gynecology

Case Studies

Challenging case presentations in women's health

10:40 am – 11:40 am – Psychiatry

Depression in Women

Signs and symptoms of depression; treatment options

11:40 am - 12:40 pm – Psychiatry

Suicide and Violence Against Women

Risk assessment for suicide and risk of violence; the relationship between psychotropic medications and suicide; management of the suicidal patient and the victim of violence

12:40 pm

Session Adjourns

Sunday, August 25th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Psychiatry

Anxiety Disorders

Symptoms and diagnoses; treatment options

8:30 am – 9:30 am – Psychiatry

Substance Use Disorders in Women

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Distinguish between ovulatory and anovulatory uterine bleeding and other menstrual abnormalities and select appropriate treatment options
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Describe the management of HPV infection and abnormal pap smear results
- Identify current strategies for diagnosing and managing osteoporosis, thyroid disorders and obese patients
- Discuss the symptoms, diagnosis and treatment of anxiety
- Recognize and manage common symptoms of depression and other psychiatric disorders in women
- Examine suicide and violence against women

Learning Outcome

To provide updates in primary care medicine to office based providers



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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians

This Live activity, *Women's Health for Primary Care*, with a beginning date of August 23, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-083-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.