



A NON-PROFIT ORGANIZATION

**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**GERIATRIC MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/GERIATRICS/RHEUMATOLOGY**

**Palm Springs, California – Hyatt Regency Indian Wells Resort & Spa  
February 21 - 23, 2020**

**Friday, February 21st:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**8:30 am – 9:30 am – Geriatrics**

**Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Geriatrics**

**Managing the Behavior Problems in Dementia Patients**

Identification and understanding of undesired behavior; strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection

**10:40 am – 11:40 am – Rheumatology**

**Update in Pharmacology for Arthritis**

Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; analgesics (narcotics and tramadol) and acetaminophen

**11:40 am – 12:40 pm – Rheumatology**

**Fibromyalgia**

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

**12:40 pm**

**Session Adjourns**

**Saturday, February 22nd:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Rheumatology**  
**Common Musculoskeletal Problems**

Osteoarthritis and spinal stenosis, polymyalgia rheumatica, night-time leg disorders

**8:30 am – 9:30 am – Rheumatology**  
**Controversies in Pain Management**

Urine drug testing, cannabinoids

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Geriatrics**  
**Assessing and Managing Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**10:40 am – 11:40 am – Endocrinology**  
**Disorders of Calcium Metabolism**

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

**11:40 am – 12:40 pm – Endocrinology**  
**Case Presentations: Calcium Disorders**

**12:40 pm**

**Session Adjourns**

**Sunday, February 23rd:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Endocrinology**

**Metabolic Bone Disease**

Osteoporosis: diagnosis and treatment

**8:30 am – 9:30 am – Endocrinology**

**Case Presentations – Osteoporosis**

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage urologic disorders in the elderly
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Evaluate and treat fibromyalgia
- Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
- Evaluate and treat osteoporosis
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders

**Learning Outcome**

To provide updates in primary care medicine to office based providers



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## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Geriatric Medicine for Primary Care*, with a beginning date of February 21, 2020 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-009-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.