



PRIMARY CARE CONFERENCES

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ENDOCRINOLOGY FOR PRIMARY CARE

**Napa, California – Fairmont Sonoma Mission Inn & Spa
October 2 – 4, 2020**

Friday, October 2nd:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am

New Diabetic Medications: Potential CV and Renal Benefits

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

8:30 am – 9:30 am

Type 1 Diabetes, Type 2 Diabetes and Prediabetes Update: Pathophysiology, New Treatment Approaches, and Complications

Treating T2DM with insulin; T1DM

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am

Management of Dyslipidemia

Guidelines for the management of cholesterol and triglycerides from AHA/ACC and ACE; Further LDL-cholesterol reduction with non-statin therapies for those with ASCVD; Risk stratification and reduction for those without ASCVD, diabetes or severe hypercholesterolemia; Recommendations for special populations

10:40 am – 11:40 am

Disorders of Calcium Metabolism

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

11:40 am – 12:40 pm

Case Presentations: Calcium Disorders

12:40 pm

Session Adjourns



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Saturday, October 3rd:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am

Metabolic Bone Disease

Osteoporosis: diagnosis and treatment

8:30 am – 9:30 am

Case Presentations – Osteoporosis

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am

Obesity Management Update

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

10:40 am – 11:40 pm

Disorders of Thyroid Function

Prevalence, diagnosis and treatment

11:40 am – 12:40 pm

Case Presentations in Thyroid Function

12:40 pm

Session Adjourns

Sunday, October 4th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am

Thyroid Nodules and Cancer

Diagnosis and treatment

8:30 am – 9:30 am

Case Presentations in Thyroid Nodules and Cancer

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Describe the pathophysiology surrounding obesity and counsel patients on the various weight management strategies including patient selection criteria for surgery
- Discuss current diagnostic and treatment approaches to thyroid nodules and disorders

Learning Outcome

To provide updates in primary care medicine to office based providers



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Accreditation

Physician Accreditation

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Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians



This Live activity, *Endocrinology for Primary Care*, with a beginning date of October 2, 2020 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-104-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.