



**GERIATRIC MEDICINE FOR PRIMARY CARE:  
GERIATRICS/NEUROLOGY/PSYCHIATRY**

**Walt Disney World Resort, Florida – Disney’s Contemporary Resort  
September 4 – 6, 2020**

**Participating Faculty**

**Paul W. Brazis, MD**

Professor of Neurology  
Consultant in Neurology and Neuro-Ophthalmology  
Mayo Clinic – Jacksonville  
Jacksonville, FL

**F. Michael Gloth, III, MD, FACP, AGSF, CMD**

Clinical Professor of Geriatrics  
Florida State University College of Medicine  
Associate Professor of Medicine, Division of Geriatric Medicine and Gerontology  
Johns Hopkins University School of Medicine  
President and CEO  
AMDG Naples 100 Senior Concierge and Consulting, LLC  
Naples, Florida

**Leslie S. Zun, MD, MBA, FAAEM**

President American Association for Emergency Psychiatry  
Chairman and Professor  
Department of Emergency Medicine  
Professor, Department of Psychiatry  
Chicago Medical School  
North Chicago, Illinois



**Paul W. Brazis, MD**  
Professor of Neurology  
Consultant in Neurology and Neuro-Ophthalmology  
Mayo Clinic – Jacksonville  
Jacksonville, FL

Dr. Brazis received his undergraduate degree from the University of Notre Dame and his medical degree from Loyola University-Stritch School of Medicine. After his medical internship at Presbyterian-St. Luke's Hospital in Chicago, he returned to Loyola University-Stritch School of Medicine for a neurology residency. His fellowship in Neuro-Ophthalmology was at Johns Hopkins Medical Center in Baltimore.

Dr. Brazis is presently a Professor of Neurology in the Mayo Clinic School of Medicine and a consultant in neurology and neuro-ophthalmology for the Mayo Clinic at Jacksonville. He serves as a Board Examiner in neurology and on the neurology Residency In-Service Training Exam Committee. He was voted the Outstanding Faculty Member in 1999 for his lectures with the Mayo Clinic School of Continuing Medical Education and received the Distinguished Mayo Clinician Award for the Jacksonville Mayo clinic in 2001.



**F. Michael Gloth, III, MD, FACP, AGSF, CMD**

Clinical Professor of Geriatrics  
Florida State University College of Medicine  
Associate Professor of Medicine, Division of Geriatric Medicine and Gerontology  
Johns Hopkins University School of Medicine  
President and CEO  
AMDG Naples 100 Senior Concierge and Consulting, LLC  
Naples, Florida

Dr. Michael Gloth is a Clinical Professor of Geriatrics at Florida State University College of Medicine, an Associate Professor of Medicine in the Division of Geriatric Medicine and Gerontology at Johns Hopkins University School of Medicine, and President and CEO of AMDG Naples 100 Senior Concierge and Consulting, LLC. Dr. Gloth received his B.S. in Chemistry and Biology from the College of William and Mary in Virginia and his M.D. from Wayne State University School of Medicine. He completed his Internship and Residency in Internal Medicine at the Union Memorial Hospital in 1987 and a 3-year Fellowship in Geriatric Medicine and Gerontology at Johns Hopkins University School of Medicine in 1990.

Dr. Gloth, a Fellow in the American College of Physicians and the American Geriatrics Society, served on the Advisory Committee to the 2005 White House Conference on Aging (Presidential appointee), the National Advisory Council on Aging to NIH, the Medical and Scientific Advisory Board for the Alzheimer's Association and on national guideline panels for pain relief, osteoarthritis, osteoporosis, vitamin D in older adults, and for revision of the Beers Criteria on drugs to be avoided in older adults. Other consultant services include the US Conference of Catholic Bishops on end-of-life issues and for health systems developing geriatrics programs.

Currently, he serves on the Health in Aging Foundation Board. His publications are extensive, including medical informatics, in-patient geriatric units (ACE or GEM units),



A NON-PROFIT ORGANIZATION

## PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

[WWW.MER.ORG](http://WWW.MER.ORG)

medication management in older adults, Handbook of Pain Relief in Older Adults, and, an International Book Award winner, Fit at Fifty and Beyond. Dr. Gloth has been the recipient of numerous grants and awards, which have included: multiple listings in Who's Who® and in Best Doctors in America®, and, in 2006, he was named Clinician of the Year by the American Geriatrics Society.



**Leslie S. Zun, MD, MBA, FAAEM**

President American Association for Emergency Psychiatry  
Chairman and Professor  
Department of Emergency Medicine  
Professor, Department of Psychiatry  
Chicago Medical School  
North Chicago, Illinois

Leslie S. Zun, MD, MBA is Chairman & Professor, Department of Emergency Medicine with a secondary appointment in the Department of Psychiatry at the Rosalind Franklin University of Medicine and Science/Chicago Medical School in North Chicago, Illinois. His responsibilities at the medical school include clinical research management and faculty development. His background includes a medical degree (MD) from Rush Medical College and a business degree (MBA) from Northwestern University's School of Management.

Dr. Zun has presented his research and lectured on behavioral emergencies topics both nationally and internationally. He is President of the American Association for Emergency Psychiatry and prior board member of American Academy of Emergency Medicine. He is the chief editor of the *Behavioral Emergencies for Emergency Physicians* textbook and course director for the past nine years for the National Update on Behavioral Emergencies conference.

**Friday, September 4th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – F. Michael Gloth, III, MD, FACP, AGSF, CMD**

**Approach to the Geriatric Patient**

Polypharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**8:30 am – 9:30 am – F. Michael Gloth, III, MD, FACP, AGSF, CMD**

**Assessing and Managing Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – F. Michael Gloth, III, MD, FACP, AGSF, CMD**

**Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**10:40 am – 11:40 am – F. Michael Gloth, III, MD, FACP, AGSF, CMD**

**Vascular Problems**

Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

**11:40 am – 12:40 pm – Paul W. Brazis, MD**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**12:40 pm**

**Session Adjourns**

**Saturday, September 5th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Paul W. Brazis, MD**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**8:30 am – 9:30 am – Paul W. Brazis, MD**

**Prevention and Management of Cerebrovascular Disorders**

Epidemiology; identifying the high-risk patient; treatment effects; transient neurological deficit: carotid, vertebrobasilar; non-specific cerebral symptoms; migraines vs. TIA; treatment options

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Paul W. Brazis, MD**

**Sleep Disorders**

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

**10:40 am – 11:40 am – Leslie S. Zun, MD, MBA, FAAEM**

**Suicide and Violent Behavior in the Geriatric Population**

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

**11:40 am – 12:40 pm – Leslie S. Zun, MD, MBA, FAAEM**

**Substance Abuse in the Elderly**

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

**12:40 pm**

**Session Adjourns**

**Sunday, September 6th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Leslie S. Zun, MD, MBA, FAAEM**

**Please be a “No Show” (The Difficult Patient)**

Understanding patient who interprets benign interpersonal and social interactions in an idiosyncratic and negative way; management of such behavior and avoidance of negative feelings in the physician

**8:30 am – 9:30 am – Leslie S. Zun, MD, MBA, FAAEM**

**Managing Depression in the Elderly**

History taking, diagnosis and treatment of depression in the elderly; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

**9:30 am**

**Conference Adjourns**



### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage urologic disorders
- Describe the assessment and management of heart failure in older adults
- Evaluate gait disorders and design practical approaches for the prevention of falls
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Discuss the spectrum of sleep disorders and current management strategies
- Distinguish signs of weakness and other neurological disorders
- Delineate the differential diagnosis and treat movement disorders
- Utilize prevention and treatment strategies for cerebrovascular disorders and stroke
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse and depression in older adults
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Utilize suggested strategies to manage "the difficult patient"

### Learning Outcome

To provide updates in primary care medicine to office-based providers

### Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

The **faculty** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<b>Name of Faculty</b>	<b>Reported Financial Relationship</b>
Paul W. Brazis, MD	No financial relationships to disclose
F. Michael Gloth, III, MD, FACP	No financial relationships to disclose
Leslie S. Zun, MD, MBA, FAAEM	No financial relationships to disclose

The **content managers** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<b>Name of Content Manager</b>	<b>Reported Financial Relationship</b>
MER content managers	No financial relationships to disclose
MER nurse planner	No financial relationships to disclose

### Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-071-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.