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MEN'S & WOMEN'S HEALTH FOR PRIMARY CARE: CARDIOLOGY/GYNECOLOGY/MEN'S UROLOGY

**Las Vegas, Nevada – Bellagio Hotel and Casino
September 4 – 6, 2020**

Participating Faculty

Bryan C. Bordeaux, DO, MPH

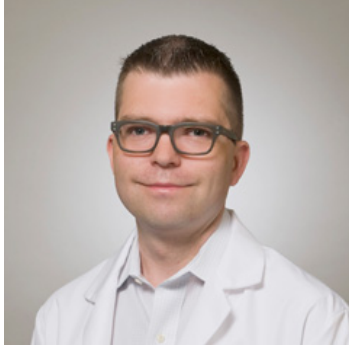
Lecturer,
Harvard Medical School
Boston, Massachusetts

Jamie Conti, MD, FACC

Professor of Medicine
Chair, Department of Medicine
University of Florida
AHA Eminent Scholar in Cardiology

Sarah E. Morgan, MD

Director, OB/GYN Clinic, Primary Care Center
Associate Program Director, OB/GYN Residency
Faculty Physician, Obstetrics and Gynecology
St Vincent Health
Clinical Assistant Professor
Department of Obstetrics and Gynecology
Marian University College of Medicine
Volunteer Clinical Faculty
Indiana University School of Medicine
Indianapolis, Indiana



Bryan C. Bordeaux, DO, MPH

Lecturer,
Harvard Medical School
Boston, Massachusetts

Dr. Bordeaux completed his undergraduate work at Worcester Polytechnic Institute, where he majored in biology. Upon graduation, he attended the Philadelphia College of Osteopathic Medicine and completed an internal medicine residency in Binghamton, NY. Immediately afterward, he worked in rural Pennsylvania as a National Health Service Corps Scholar for 3 years and then went to Johns Hopkins to gain advanced training in academic medicine as a General Internal Medicine Fellow, where he also earned his MPH.

Currently, he is on the faculty at Harvard Medical School and has taught students in the classroom, hospital and office settings. He has won awards for both his teaching and clinical care since moving to Boston. His busy general internal medicine practice has a strong focus in men's health. He is an author and peer reviewer for *UpToDate*, was previously an author for the *5 Minute Clinical Consult*, has many published original research articles, and has presented at many national conferences.



Jamie Conti, MD, FACC

Professor of Medicine
Chair, Department of Medicine
University of Florida
AHA Eminent Scholar in Cardiology

Jamie Beth Conti, MD, is a Professor of Medicine and serves as the University of Florida Department of Medicine Chair. She earned her undergraduate degree from Harvard University and is a 1987 graduate of the UF College of Medicine. She completed her medical residency at Emory University and fellowship training in cardiology and electrophysiology at UF. She joined UF's faculty in 1994 as an Assistant Professor of medicine and has held numerous leadership roles since then.

Dr. Conti is board certified in Cardiovascular Medicine. In 1999, Dr. Conti received the prestigious American College of Cardiology Proctor Harvey Teaching Award. In addition to her roles within UF, she has held leadership positions in the American College of Cardiology, the Heart Rhythm Society and the American Heart Association.

Dr. Conti's research focuses on intracardiac device implantation, pregnancy and arrhythmias, and a unique implantable intracardiac hemodynamic monitor. Her studies have led to more than 100 published journal articles.



Sarah E. Morgan, MD

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Dr. Morgan received her undergraduate degree from Rhodes College in Memphis, Tennessee and her medical degree from the Medical College of Ohio at Toledo. She completed a residency in Obstetrics and Gynecology at Indiana University School of Medicine at Indianapolis. Dr. Morgan is board certified by the American Board of Obstetrics and Gynecology and is a member of the Central Association of Obstetrics and Gynecology (CAOG), the Association of Professors of Gynecology and Obstetrics, and is a Fellow of The American Congress of Obstetricians and Gynecologists, among other professional organizations.

Dr. Morgan's current focus includes Medical education, management of opiate use disorders during pregnancy, management of chronic pelvic pain, and laparoscopic hysterectomy. Dr. Morgan is originally from Columbus, Ohio, is a big Buckeye football fan and loves to travel.

Friday, September 4th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Sarah E. Morgan, MD

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

8:30 am – 9:30 am – Sarah E. Morgan, MD

Menopausal Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Sarah E. Morgan, MD

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

10:40 am – 11:40 am – Jamie Conti, MD, FACC

Work-up of Patients with Suspected CAD: Which Tests for Which Patients

Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

11:40 am – 12:40 pm – Jamie Conti, MD, FACC

Arrhythmia Management for Primary Care

Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

12:40 pm

Session Adjourns

Saturday, September 5th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Jamie Conti, MD, FACC

Hypertension Update

JNC-8 update; goals of treatment; thiazides for all?; special populations – diabetics, the elderly, renal failure

8:30 am – 9:30 am – Jamie Conti, MD, FACC

Congestive Heart Failure

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:10 am – Sarah E. Morgan, MD

Pregnancy: The Ultimate Ironman Competition

During this presentation, the practitioner will learn how simple preconception counseling and interventions can maximize performance and enhance outcomes in this “race of a lifetime.”

10:10 am – 10:40 am – Sarah E. Morgan, MD

Breast Cancer Screening

Comparison of recent breast cancer screening recommendations from USPSTF, ACOG/ACS/NCI/NCCN; Discussion of risks and benefits of screening at various ages; Review of the scientific basis for screening

10:40 am – 11:40 am – Bryan C. Bordeaux, DO, MPH

Sexually Transmitted Infections

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases



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11:40 am – 12:40 pm – Bryan C. Bordeaux, DO, MPH

Androgen Replacement, Sexual Function

Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

12:40 pm

Session Adjourns

Sunday, September 6th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Bryan C. Bordeaux, DO, MPH

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

8:30 am – 9:30 am – Bryan C. Bordeaux, DO, MPH

Male Malignancies (testes, prostate)

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias and CAD
- Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias and CAD
- Discuss the biology and screening, and treatment options of prostate cancer and testicular cancer
- Discuss medical management of male sexual health including sexual function and androgen replacement

Learning Outcome

To provide updates in primary care medicine to office based providers

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The **faculty** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<i>Name of Faculty</i>	<i>Reported Financial Relationship</i>
Bryan C. Bordeaux, DO, MPH	No financial relationships to disclose
Jamie Conti, MD, FACC	No financial relationships to disclose
Sarah E. Morgan, MD	No financial relationships to disclose

The **content managers** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

<i>Name of Content Manager</i>	<i>Reported Financial Relationship</i>
MER content managers	No financial relationships to disclose
MER nurse planner	No financial relationships to disclose

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Physician Accreditation

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ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

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Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Universal Program Number: 0816-0000-20-070-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.