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PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: DERMATOLOGY/NEUROLOGY/PALLIATIVE CARE

**Cape Cod, Massachusetts – Wequassett Resort and Golf Club
September 11 – 13, 2020**

Friday, September 11th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Neurology

The Neurological Exam

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

8:30 am – 9:30 am – Neurology

Alzheimer's Disease & Other Dementias

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Neurology

Parkinson's Disease & Other Movement Disorders

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

10:40 am – 11:40 am – Dermatology

Benign Skin Tumors.

Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors

11:40 am – 12:40 pm – Dermatology

Premalignant and Malignant Skin Tumors

Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors

12:40 pm

Session Adjourns

Saturday, September 12th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Dermatology

Skin Manifestations of Systemic Disease

Diagnosis of internal disease based on cutaneous findings

8:30 am – 9:30 am – Dermatology

Skin Surgery for Primary Care

Techniques and procedures to perform common dermatology procedures in the office setting; Procedures will include biopsies, excisions and cryotherapy; Discussions to include anatomy, local anesthesia, surgical instruments, sutures and wound dressings

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Neurology

Headaches and Migraines: Vascular & Non-Vascular

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

10:40 am – 11:40 am – Palliative Medicine

Palliative Medicine: Overview of the Medicare Hospice Benefit

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

11:40 am – 12:40 pm – Palliative Medicine

Palliative Care for the Primary Care Setting: Symptom Management

Symptom management; Symptom management of dyspnea and cough, nausea and vomiting, constipation, and agitation, at the end of life

12:40 pm

Session Adjourns

Sunday, September 13th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Palliative Medicine

Prognostication for the Primary Care Setting

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

8:30 am – 9:30 am – Palliative Medicine

Addressing Goals of Care in Palliative Medicine

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Identify cutaneous findings that serve as surrogates of internal diseases
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Review basic skin surgeries typically conducted in the primary care office
- Perform a neurological exam
- Distinguish dementia from delirium, as well as describe the neurologic changes of normal aging
- Delineate the differential diagnosis and treat movement disorders
- Review the pathophysiology of headaches and migraines and discuss patient assessment and treatment options
- Describe the primary care approach to palliative medicine including symptom management and prognostication
- List details about the Medicare hospice benefit

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

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Physician Accreditation

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ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of September 11, 2020 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

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Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

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The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



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Universal Program Number: 0816-0000-20-073-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.