



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/INFECTIOUS DISEASE/NEUROLOGY/PSYCHIATRY**

**Disneyland Resort, California – Disney's Grand Californian Hotel & Spa  
October 22 – 25, 2020**

**Thursday, October 22nd:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Infectious Disease**

**Respiratory Tract Infections**

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

**8:30 am – 9:30 am – Infectious Disease**

**Gastrointestinal Infectious and Clostridiodes Difficile**

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridiodes difficile colitis and related updates from the ID and infection control literature

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Infectious Disease**

**Evidence-based Healthcare-associated Infections**

Presentation on important pathogens in the healthcare setting and related clinical, epidemiologic and infection control information (please note that the discussion on blood-borne pathogens will NOT suffice for standard hospital CME requirements for BBP training)

**10:40 am – 11:40 am – Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; managing diabetic emergencies; screening; pre-diabetes

**11:40 am – 12:40 pm – Endocrinology**

**Incidentalomas of the Adrenal, Pituitary & Thyroid**

Evaluation and management of incidentally found masses of the adrenal, pituitary and thyroid

**12:40 pm**

**Session Adjourns**

**Friday, October 23rd:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Endocrinology**

**Metabolic Bone Disease**

Osteoporosis: diagnosis and treatment

**8:30 am – 9:30 am – Endocrinology**

**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Infectious Disease**

**Emerging Infectious Diseases**

Novel influenza viruses, resurgence of vaccine-preventable diseases, zoonoses and disease related to animal exposures (including vectors such as mosquitoes that bear west Nile virus and dengue), bioterrorism and food/waterborne illness

**10:40 am – 11:40 am – Psychiatry**

**Bipolar Disorders in Primary Care**

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

**11:40 am – 12:40 pm – Psychiatry**

**I Just Drink a Few Beers At Night (Substance Abuse)**

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

**12:40 pm**

**Session Adjourns**



**Saturday, October 24th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Psychiatry**

**The Complexity of Adult ADHD**

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

**8:30 am – 9:30 am – Psychiatry**

**Burnout and Physician Wellness: Surviving the New Realities of Practice**

Strategies to enable physicians and other healthcare providers cope with increased pressures and responsibilities

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Neurology**

**Alzheimer's Disease & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

**10:40 am – 11:40 am – Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**11:40 am**

**Session Adjourns**



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### Sunday, October 25th:

**7:00 am – 7:30 am**

#### **Continental Breakfast**

**7:30 am – 8:30 am – Neurology**

#### **Headaches and Migraines: Vascular & Non-Vascular**

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

**8:30 am – 9:30 am – Neurology**

#### **Assessing Dizziness and Vertigo**

Definition of terms; concepts; physiologic mechanisms; medical, neurological and laboratory evaluation of the patient; diseases that present with a complaint of dizziness; acute paroxysmal vertigo; acute positional vertigo; Meniere's disease; acoustic neuroma; cerebellar hemorrhage, etc.

**9:30 am**

#### **Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Distinguish dementia from delirium, as well as describe the neurologic changes of normal aging
- Delineate the differential diagnosis and treat movement disorders
- Utilize prevention and treatment strategies for headaches, migraines, dizziness and vertigo and treatment options
- Diagnose and tailor treatment strategies for Type 2 diabetes
- Discuss current diagnostic and treatment approaches to thyroid disorders and disorders of calcium metabolism
- Describe the approach to diagnosis and treatment of adrenal insufficiency and syndromes of adrenal hormone excess
- Diagnose and manage important infectious disease syndromes in a range of organ-based systems (respiratory, gastrointestinal)
- Discuss emerging infectious diseases including resurgence of vaccine-preventable diseases, zoonoses, and diseases related to animal exposures
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse, bipolar disorders, and ADHD in adults

### **Learning Outcome**

To provide updates in primary care medicine to office based providers



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## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of October 22, 2020 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.



### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 16 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 16 contact hours of continuing nursing education.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

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Universal Program Number: 0816-0000-20-111-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.