



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/INFECTIOUS DISEASE/OPHTHALMOLOGY/
PSYCHIATRY**

**Wailea, Maui, Hawaii – Grand Wailea, A Waldorf Astoria Resort
November 8 – 12, 2020**



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Sunday, November 8th:

2:30 pm – 3:00 pm

Registration

3:00 pm – 4:00 pm – Infectious Disease

Skin and Soft-tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

4:00 pm – 5:00 pm - Infectious Disease

Genitourinary Diseases Update

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

5:00 pm – 6:00 pm – Infectious Disease

Immunizations Update

Presentation on key vaccine preventable diseases and their presentations with an emphasis on the latest recommendations including newest schedules, safety and efficacy information

6:00 pm

Session Adjourns

Monday, November 9th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Cardiology

Work-up of Patients with Suspected CAD: Which Tests for Which Patients

Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

8:30 am – 9:30 am – Cardiology

Update on Atrial Fibrillation for the Primary Care Provider

New methods of detection, rate vs rhythm control, new options for stroke prevention

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Cardiology

Aortic Stenosis: New Approaches to an Old Disease

Monitoring asymptomatic patients, transcatheter vs surgical valve replacement, bicuspid valve disease

10:40 am – 11:40 am – Infectious Disease

Respiratory Tract Infections

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

11:40 am – 12:40 pm – Infectious Disease

Gastrointestinal Infectious and Clostridioides Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridioides difficile colitis and related updates from the ID and infection control literature

12:40 pm

Session Adjourns

Tuesday, November 10th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Ophthalmology

The Red Eye: What's Hot and What's Not

The red eye is one of the primary patient complaints in primary care. Lecture will explore the many facets of this common presentation with attention to the various entities it might represent. Treatment and diagnostic methods for acute conjunctivitis will be the primary focus.

8:30 am – 9:30 am – Ophthalmology

Blurred Vision: An Algorithm

Blurred vision is a common problem seen in primary care and the emergency room. Lecture will develop an algorithm to evaluate, triage and treat these patients. When should someone with a complaint of blurred vision be sent to an ophthalmologist? When should an imaging study be done? What could be causing this problem in the first place? Lecture will address these questions and others.

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Ophthalmology

Cataract Surgery Update

A guide to the preoperative evaluation, advances in cataract surgery, and postoperative care and complications

10:40 am – 11:40 am – Cardiology

Mitral Valve Disease: What's New Today?

Timing of surgical intervention and minimally-invasive treatment options for MR, treatment of rheumatic heart disease

11:40 am – 12:40 pm – Cardiology

Heart Failure Update With a Focus on the Elderly

Diagnostic and management challenges in the geriatric population, new therapies for systolic HF, home-based management, end-of-life care for a CHF patient

12:40 pm

Session Adjourns

Wednesday, November 11th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Psychiatry

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

8:30 am – 9:30 am – Psychiatry

I'm Always So Nervous, Doc (Anxiety Disorders)

Generalized anxiety disorder, panic disorder, and social phobia; focus on etiology, diagnosis, co-morbidity and treatment of these common and disabling conditions

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Psychiatry

The Challenge of Bipolar Disorders in Adults

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

10:40 am – 11:40 am – Ophthalmology

Diabetes and the Eye

Diabetes is the leading cause of vision loss in people between the ages of 20-65; Half of those with diabetes are not aware that they have such an issue and of those, half do not get their eyes checked at all; Course will review the many ways that diabetes impacts the eye and visual system; New ophthalmic diagnostic modalities which allow for early prediction of systemic complications and allow monitoring of systemic treatment effectiveness will be discussed



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11:40 am – 12:40 pm – Ophthalmology

The Ophthalmology of Extreme Environments

How does vision impact our ability to excel in extreme environments? What are the different visual qualities demanded by athletic activities? Lecture will explore a range of extreme environment activities with the intention of developing an understanding of the visual systems' role in optimizing performance. We will also consider the range of sports related eye injuries in order to better anticipate our patients experience.

12:40 pm

Session Adjourns



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Thursday, November 12th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Psychiatry

I Just Drink a Few Beers At Night (Substance Abuse)

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

8:30 am – 9:30 am – Psychiatry

Burnout and Physician Wellness: Surviving the New Realities of Practice

Strategies to enable physicians and other healthcare providers cope with increased pressures and responsibilities

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Diagnose and manage important infectious disease syndromes in a range of organ-based systems (respiratory, gastrointestinal, skin and soft-tissue)
- Identify updates for immunizations, and genitourinary infections (including selected sexually-transmitted diseases)
- Discuss a comprehensive approach to the patient with blurred vision, a red eye and cataracts seen in primary care
- List treatment options for patients with sports-related ocular injuries
- Describe how ocular complaints may be the first sign of systemic heart disease
- Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias, ACS and CAD
- Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias, ACS and CAD
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse, and ADHD in adults
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- List strategies to enable coping with increased pressure and responsibilities

Learning Outcome

To provide updates in primary care medicine to office based providers



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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of November 8, 2020 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 20 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 20 contact hours of continuing nursing education.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-081-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.