



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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ENDOCRINOLOGY FOR PRIMARY CARE

**Disneyland Resort, California – Disney's Grand Californian Hotel & Spa
November 19 – 22, 2020**

Thursday, November 19th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am

New Diabetic Medications: Potential CV and Renal Benefits

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

8:30 am – 9:30 am

Type 1 Diabetes, Type 2 Diabetes and Prediabetes Update: Pathophysiology, New Treatment Approaches, and Complications

Treating T2DM with insulin; T1DM

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am

Management of Dyslipidemia

Guidelines for the management of cholesterol and triglycerides from AHA/ACC and ACE; Further LDL-cholesterol reduction with non-statin therapies for those with ASCVD; Risk stratification and reduction for those without ASCVD, diabetes or severe hypercholesterolemia; Recommendations for special populations

10:40 am – 11:40 am

Obesity Management Update

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

11:40 am – 12:40 pm

How to Answer the Most Common Questions about Hypothyroidism and Hyperthyroidism Asked by Our Patients Part 1

Prevalence, diagnosis and treatment

12:40 pm

Session Adjourns

Friday, November 20th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am

How to Answer the Most Common Questions about Hypothyroidism and Hyperthyroidism Asked by Our Patients Part 2

8:30 am – 9:30 am

Thyroid Nodules: How to Answer the Top Thyroid Nodule Questions Asked by Your Patients

Diagnosis and treatment

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am

Case Presentations: Thyroid Nodules and Thyroid Cancer

10:40 am – 11:40 am

Disorders of Calcium Metabolism

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

11:40 am – 12:40 pm

Case Presentations: Calcium Disorders

12:40 pm

Session Adjourns

Saturday, November 21st:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am

Osteoporosis Management for Primary Care

Screening and diagnosis; ACP Guidelines; Vertebral compression fractures; The role of vitamin D and calcium supplementation; Duration of bisphosphonate therapy; Osteoporosis in men

8:30 am – 9:00 am

Metabolic Bone Disease

Disorders of bone strength caused by abnormalities of minerals, vitamin D, bone mass and structure; The role of calcium and phosphorus; Osteomalacia, Paget's disease and parathyroid disorders

9:00 am – 9:30 am

Case Studies

Challenging case presentations in bone health

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am

Evaluation and Management of Pituitary Disease

Diagnosis and treatment of pituitary disorders

10:40 am – 11:40 am

Adrenal Disorders in Primary Care

Evaluation and management of adrenal hyper and hypofunction; Endocrine hypertension

11:40 am

Session Adjourns

Sunday, November 22nd:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am

Male Hypogonadism

Testosterone therapy, impotence management

8:30 am – 9:30 am

Case Studies

Challenging case presentations in endocrinology to include pituitary, adrenal and hypogonadal cases

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Describe the pathophysiology surrounding obesity and counsel patients on the various weight management strategies including patient selection criteria for surgery
- Discuss current diagnostic and treatment approaches to thyroid nodules and disorders
- Describe the approach to diagnosis and treatment of adrenal insufficiency and syndromes of adrenal hormone excess
- Discuss initial evaluation and potential treatment options for pituitary tumors

Learning Outcome

To provide updates in primary care medicine to office based providers



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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians



This Live activity, *Endocrinology for Primary Care*, with a beginning date of November 19, 2020, has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 16 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 16 contact hours of continuing nursing education.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-085-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.