



A NON-PROFIT ORGANIZATION

**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
BARIATRICS/CARDIOLOGY/NEUROLOGY/ONCOLOGY**

**Nassau, Bahamas – Atlantis Paradise Island Resort  
December 3 – 6, 2020**

**Thursday, December 3rd:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Cardiology**

**Work-up of Patients with Suspected CAD: Which Tests for Which Patients**

Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

**8:30 am – 9:30 am – Cardiology**

**Congestive Heart Failure**

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Cardiology**

**Cardiac Disease Prevention for Primary Care**

Lifestyle and pharmacologic approaches for prevention of CAD and heart failure; Role of physical activity; Control of hypertension; Approach to diabetes care

**10:40 am – 11:40 am – Bariatrics**

**Non-Surgical Treatment Options for Obesity**

Overview of obesity as a disease state; costs to the individual of being obese; use of appetite suppressant medications, lifestyle modifications

**11:40 am – 12:40 pm – Bariatrics**

**Surgical Treatment Options for Obesity**

An overview of risks and effectiveness of bariatric surgery; Overview of potential surgical options; potential complications

**12:40 pm**

**Session Adjourns**

**Friday, December 4th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Bariatrics**

**Bariatric Surgery and Co-Morbid Conditions Associated with Obesity**

Who qualifies for obesity surgery; restrictive, malabsorptive and combination surgical options

**8:30 am – 9:30 am – Bariatrics**

**Patient Management Post Bariatric Surgery**

The role of the clinician for support and behavior modification; nutrition; the stages of patient management post-surgery

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Cardiology**

**Arrhythmia Management for Primary Care**

Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

**10:40 am – 11:40 am – Oncology**

**Approach to the Patient with Suspected Cancer**

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

**11:40 am – 12:40 pm – Oncology**

**Management of Cancer Survivors**

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

**12:40 pm**

**Session Adjourns**

**Saturday, December 5th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Oncology**

**Diagnosis and Management of Venous Thromboembolism**

Symptoms, signs, diagnostic studies, and interventions to prevent and treat acute deep venous thrombosis and pulmonary embolism will be reviewed

**8:30 am – 9:30 am – Oncology**

**How to Use New Antithrombotic Medications: Case Presentations**

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Neurology**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**10:40 am – 11:40 am – Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**11:40 am**

**Session Adjourns**

**Sunday, December 6th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Neurology**

**Epilepsy, Paroxysmal Disorders, and Status Epilepticus**

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

**8:30 am – 9:30 am – Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Describe current diagnostic approaches to arrhythmias, hypertension, ACS and CAD
- Implement treatment strategies reflective of current evidence-based medicine for arrhythmias, hypertension, ACS and CAD
- Discuss obesity treatment including both surgical and non-surgical options
- Describe the approach to patient management after bariatric surgery
- Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
- Describe the differential diagnosis and treatment of movement disorders
- Discuss the approach and subsequent therapeutic management of the cancer patient, as well as the cancer survivor

**Learning Outcome**

To provide updates in primary care medicine to office-based providers



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Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of December 3, 2020 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 16 hours of Category I credit for completing this program.

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This CE activity provides 16 contact hours of continuing nursing education.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

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Universal Program Number: 0816-0000-20-124-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.