



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
GERIATRICS/INFECTIOUS DISEASE/NEUROLOGY/
OPHTHALMOLOGY**

**Grand Cayman, Cayman Islands – The Westin Grand Cayman Seven Mile Beach
Resort & Spa
December 10 – 13, 2020**

Thursday, December 10th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Infectious Disease

Skin and Soft-tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

8:30 am – 9:30 am – Infectious Disease

Don't Miss It: Ambulatory Care Infectious Disease Emergencies

Case-based interactive discussion around exemplary cases that addresses key diagnostic and management strategies for potentially emergent outpatient infectious disease challenges

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Infectious Disease

Respiratory Tract Infections

A case-based interactive discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

10:40 am – 11:40 am – Ophthalmology

The Red Eye: What's Hot and What's Not

The red eye is one of the primary patient complaints in primary care. Lecture will explore the many facets of this common presentation with attention to the various entities it might represent. Treatment and diagnostic methods for acute conjunctivitis will be the primary focus.

11:40 am – 12:40 pm – Ophthalmology

Approach to the Aging Eye

Differentiation between “normal” aging process and the “diseases” of ocular aging; Highlighting of the most common issues facing the aging population with respect to ophthalmology: macular degeneration, diabetes and glaucoma

12:40 pm

Session Adjourns

Friday, December 11th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Ophthalmology

Blurred Vision: An Algorithm

Blurred vision is a common problem seen in primary care and the emergency room. Lecture will develop an algorithm to evaluate, triage and treat these patients. When should someone with a complaint of blurred vision be sent to an ophthalmologist? When should an imaging study be done? What could be causing this problem in the first place? Lecture will address these questions and others.

8:30 am – 9:30 am – Ophthalmology

A Primary Care Primer on Ophthalmic Emergencies

Decreased vision, eye pain, red eye: what is an emergency in ophthalmology? Discussion of evaluation and management of these complaints in a primary care setting

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Infectious Disease

Gastrointestinal Infectious and Clostridiodes Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridiodes difficile colitis and related updates from the ID and infection control literature

10:40 am – 11:40 am – Geriatrics

Update in Pharmacology for Arthritis

Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; DMARDs for RA and analgesics (narcotics and tramadol)

11:40 am – 12:40 pm – Geriatrics

Geriatric Gait Disorders and Falls

Diagnosing problems associated with gait abnormalities; considering causes and prevention of falls; exercise training, aerobics, balance training, resistance

12:40 pm

Session Adjourns

Saturday, December 12th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Geriatrics

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

8:30 am – 9:30 am – Geriatrics

Crystal Disease: Gout and Pseudogout

Properly diagnosing and treating crystal diseases such as gout and pseudogout

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Neurology

The Neurological Exam

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

10:40 am – 11:40 am – Neurology

Evaluating Weakness

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

11:40 am

Session Adjourns

Sunday, December 13th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Neurology

Epilepsy, Paroxysmal Disorders, and Status Epilepticus

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

8:30 am – 9:30 am – Neurology

Parkinson's Disease & Other Movement Disorders

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss the most important approaches to the febrile patient with potentially life-threatening diseases in both hospital - and clinic-associated settings
- Diagnose and manage important infectious disease syndromes in a range of organ-based systems (respiratory and skin and soft-tissue)
- Review the risks and benefits of the treatment options for arthritis (non-selective NSAIDs, cox-2 inhibitors, DMARDs, narcotics, and tramadol)
- Evaluate and treat osteoporosis
- List evaluation and treatment options for crystal disease and gout
- Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
- Describe the differential diagnosis and treatment of movement disorders
- Discuss a comprehensive approach to eye and vision management in the aging patient
- List treatment options for patients with ophthalmic emergencies, as well as those with circulatory complications

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

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ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of December 10, 2020 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)TM* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 16 hours of Category I credit for completing this program.

Nursing Accreditation

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This CE activity provides 16 contact hours of continuing nursing education.

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The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-127-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.