



## PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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### INTERNAL MEDICINE FOR PRIMARY CARE: ADDICTION MEDICINE/PAIN MANAGEMENT/PALLIATIVE CARE

**Las Vegas, Nevada – Bellagio Hotel and Casino  
December 28 – 30, 2020**

#### **Participating Faculty**

**Donnah Mathews, MD, FACP**

Attending, Rhode Island Hospital  
Department of Medicine

Assistant Professor, Alpert School of Medicine at Brown University  
Associate Medical Director, Hope Hospice of Rhode Island

**Kirk D. Moberg, MD, PhD**

Executive Medical Director  
Illinois Institute for Addiction Recovery

**Philip J. Molloy, MD**

Founding Fellow, American College of Rheumatology;  
Assistant Clinical Professor  
Tufts University School of Medicine;  
Private Practice Rheumatology  
Plymouth, Massachusetts



**Donnah Mathews, MD, FACP**

Attending, Rhode Island Hospital  
Department of Medicine

Assistant Professor, Alpert School of Medicine at Brown University  
Associate Medical Director, Hope Hospice of Rhode Island

Donnah Mathews, MD, FACP, is an attending at Rhode Island Hospital in the Department of Medicine, and she is board-certified in both internal medicine and hospice and palliative medicine. She is an Assistant Professor of Medicine at the Alpert School of Medicine for Brown University. She splits her time between Rhode Island Hospital and Hope Hospice and Palliative Medicine. At Rhode Island Hospital, she is a primary care clinician, overseeing internal medicine residents in the outpatient clinic as well as on inpatient medicine wards.

Dr. Mathews is also the Medical Director of Clinical Management, serving as the physician advisor for the case managers and the utilization review departments. She is an Associate Medical Director for Hope Hospice, overseeing a hospice team that serves over 100 patients and performing long term care and home visits for patients with life-limiting illnesses. Dr. Mathews is the Chief Compliance Officer for Brown Medicine. She is an active educator with the hospice fellows, internal medicine residents, and medical students.

Dr. Mathews' undergraduate degree is from Case Western Reserve University in Cleveland, Ohio, where she studied English, chemistry, and modern dance. She attended George Washington Medical School in Washington, D.C., and did her residency at Brown University in Providence, RI. She currently resides in East Greenwich, Rhode Island, with her orthopedic surgeon husband and three children.



**Kirk D. Moberg, MD, PhD**  
Executive Medical Director  
Illinois Institute for Addiction Recovery

Dr Kirk Moberg is a graduate of the University of Illinois College of Medicine and is certified by the American Board of Internal Medicine and the American Board of Preventive Medicine—Addiction Medicine. He is a Clinical Professor of Internal Medicine and Psychiatry at the University of Illinois College of Medicine. Dr Moberg practiced for 25 years before retiring from clinical practice. Currently he serves as an addiction medicine consultant for the UnityPoint Health system.

Dr Moberg lives with his wife, Shannon, in Peoria, Illinois.



**Philip J. Molloy, MD**

Founding Fellow, American College of Rheumatology;  
Assistant Clinical Professor  
Tufts University School of Medicine;  
Private Practice Rheumatology  
Plymouth, Massachusetts

Dr. Molloy received his undergraduate degree from Bowdoin College at Brunswick, Maine and his medical degree from Tufts University School of Medicine at Boston. He completed a residency in Internal Medicine at the University of Minnesota Hospitals and a fellowship in Rheumatology/Immunology at New England Medical Center Hospitals, Boston. Dr. Molloy is board certified in both Internal Medicine and Rheumatology. He is a Founding Fellow of the American College of Rheumatology, a Fellow of the American College of Physicians and a past Certified Pain Educator by the American Society of Pain Educators, as well as holding memberships in numerous professional societies.

Dr. Molloy is involved in medical education and has been the investigator of many investigational studies of new and emerging treatments in his field. His special interests are treating patients with osteoporosis, gout and rheumatoid arthritis.

**Monday, December 28th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Kirk D. Moberg, MD, PhD**

**Substance Use Disorders: Screening & Identification for Primary Care Providers**

Essential information and skills necessary for identifying substance use and addiction in the primary care setting; Epidemiology, assessment and screening tools; Practical steps for intervention

**8:30 am – 9:30 am – Kirk D. Moberg, MD, PhD**

**The Opioid Crisis and Primary Care Providers**

Origin and epidemiology; Differentiating other elements contributing to the crisis; Opioid effects and pharmacology; common misconceptions about opioid analgesic safety; Identifying risk for overdose and addiction; Best practices and guidelines for safe prescribing and monitoring use

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Kirk D. Moberg, MD, PhD**

**Psychopharmacology and Addiction Medicine**

Psychopharmacologic interventions and overdose and addiction; Medication-assisted treatment (MAT) with FDA approved medications for treating addiction-indications and contraindications; Medication management for co-occurring psychiatric disorders

**10:40 am – 11:40 am – Donnah Mathews, MD, FACP**

**Palliative Medicine: Overview of the Medicare Hospice Benefit**

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

**11:40 am – 12:40 pm – Donnah Mathews, MD, FACP**

**Palliative Care for the Primary Care Setting: Symptom Management**

Symptom management; Symptom management of dyspnea and cough, pain, nausea and vomiting, constipation, and agitation, at the end of life

**12:40 pm**

**Session Adjourns**

**Tuesday, December 29th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Donnah Mathews, MD, FACP**

**Prognostication for the Primary Care Setting**

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

**8:30 am – 9:30 am – Donnah Mathews, MD, FACP**

**Addressing Goals of Care in Palliative Medicine**

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Kirk D. Moberg, MD, PhD**

**Chronic Pain and Addictions**

Epidemiology of pain—risk factors and comorbidity; Pain management concepts; Patient factors affecting the analgesic response; the relationship between stress and chronic pain; the range of therapeutic options for management including non-pharmacologic approaches

**10:40 am – 11:40 am – Philip J. Molloy, MD**

**Non-Opioid Pharmacologic Options in Pain Management**

Tramadol, antidepressants, anticonvulsants, medical marijuana

**11:40 am – 12:40 pm – Philip J. Molloy, MD**

**Opioid Pharmacologic Options in Pain Management**

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

**12:40 pm**

**Session Adjourns**

**Wednesday, December 30th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Philip J. Molloy, MD**

**Interventional Pain Management Options**

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners

**8:30 am – 9:30 am – Philip J. Molloy, MD**

**Fibromyalgia**

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Describe strategies for identifying and treating substance use disorders
- Discuss options for patients with chronic pain addictions
- Describe medications, manual therapies, injections as well as psychological and other approaches to pain management
- List strategies treat addiction in the primary care setting
- Describe the primary care approach to palliative medicine including symptom management and prognostication
- List details about the Medicare hospice benefit

**Learning Outcome**

To provide updates in primary care medicine to office based providers

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| <b><i>Name of Faculty</i></b> | <b><i>Reported Financial Relationship</i></b>  |
|-------------------------------|--|
| Donnah Mathews, MD, FACP      | No financial relationships to disclose   |
| Kirk D. Moberg, MD, PhD       | No financial relationships to disclose   |
| Philip J. Molloy, MD          | Speakers' Bureau: Myriad (for blood tests)<br>Salary: Imugen (now a division of Quest, for tick-borne diseases and R&D work) |

The **content managers** reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

| <b><i>Name of Content Manager</i></b> | <b><i>Reported Financial Relationship</i></b> |
|---------------------------------------|---|
| MER content managers                  | No financial relationships to disclose        |
| MER nurse planner                     | No financial relationships to disclose        |

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### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Universal Program Number: 0816-0000-20-135-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.