



## PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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### **INTERNAL MEDICINE FOR PRIMARY CARE: ENDOCRINOLOGY/GERIATRICS/PODIATRY**

**Walt Disney World Resort, Florida – Disney’s Yacht & Beach Club Resorts  
November 6 – 8, 2020**

**Friday, November 6th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Podiatry**

**Common Ankle Sprains Seen in Primary Care**

Session will explore those injuries which present to the primary care office that can easily be managed, those that require additional diagnostics, and the tricky injuries that may need referral.

**8:30 am – 9:30 am – Podiatry**

**Recognition and Treatment of Plantar Fasciitis**

Session will discuss the causes and prevention of this common problem and discuss new and exciting technologies used to treat the acute and chronic forms of this condition.

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Podiatry**

**Stress Fractures of the Foot and Ankle**

So common, yet often missed or mistreated. Session will discuss causes and prevention, treatment, and evidence based medicine for foot and ankle stress fractures seen in the primary care setting.

**10:40 am – 11:40 am – Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**11:40 am – 12:40 pm – Geriatrics**

**Assessing and Managing Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**12:40 pm**

**Session Adjourns**

**Saturday, November 7th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Geriatrics**

**Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**8:30 am – 9:30 am – Geriatrics**

**Vascular Problems**

Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Podiatry**

**Evaluation and Treatment of Achilles Tendinitis**

The Achilles tendon is the largest and strongest tendon in the body, yet it is highly susceptible to injury. Achilles tendon injuries account for the third most common injury to the lower extremity after the ankle sprain and plantar fasciitis. This lecture will explore the causes of Achilles tendon conditions and their treatment. A differentiation between insertional and non-insertional tendonitis is critical for proper treatment. A multitude of new modalities which are available for the primary care provider to effectively treat and prevent Achilles tendon injuries will be discussed.

**10:40 am – 11:40 am – Endocrinology**

**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment

**11:40 am – 12:40 pm – Endocrinology**

**Thyroid Nodules and Cancer**

Diagnosis and treatment

**12:40 pm**

**Session Adjourns**

**Sunday, November 8th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Endocrinology**

**Disorders of Calcium Metabolism**

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

**8:30 am – 9:30 am – Endocrinology**

**Metabolic Bone Disease**

Osteoporosis: diagnosis and treatment

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Discuss common problems and treatment options for ankle and foot injuries including sprains, plantar fasciitis, and stress fractures
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Discuss current diagnostic and treatment approaches to thyroid nodules and disorders
- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage vascular and urologic disorders
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options

**Learning Outcome**

To provide updates in primary care medicine to office based providers



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## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of November 6, 2020 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

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This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 4.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Universal Program Number: 0816-0000-20-077-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.