



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/MEN'S UROLOGY/PALLIATIVE MEDICINE/  
RADIOLOGY**

**Nassau, Bahamas – Atlantis Paradise Island Resort  
February 4 – 7, 2021**

**Thursday, February 4th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Endocrinology**

**Updates on Diabetes (Types 1 and 2) and Prediabetes**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**8:30 am – 9:30 am – Endocrinology**

**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Endocrinology**

**Incidentalomas of the Adrenal, Pituitary & Thyroid**

Evaluation and management of incidentally found masses of the adrenal, pituitary and thyroid

**10:40 am – 11:40 am – Palliative Medicine**

**Palliative Medicine: Overview of the Medicare Hospice Benefit**

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

**11:40 am – 12:40 pm – Palliative Medicine**

**Palliative Care for the Primary Care Setting: Symptom Management**

Symptom management; Symptom management of dyspnea and cough, pain, nausea and vomiting, constipation, and agitation, at the end of life

**12:40 pm**

**Session Adjourns**

**Friday, February 5th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Palliative Medicine**

**Prognostication for the Primary Care Setting**

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

**8:30 am – 9:30 am – Palliative Medicine**

**Addressing Goals of Care in Palliative Medicine**

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Endocrinology**

**Osteoporosis Management for Primary Care**

Screening and diagnosis; ACP Guidelines; Vertebral compression fractures; The role of vitamin D and calcium supplementation; Duration of bisphosphonate therapy; Osteoporosis in men

**10:40 am – 11:40 am – Radiology**

**Appropriate Ordering of Radiologic Tests for Different Clinical Scenarios**

Describe the rationale behind imaging tests that are ordered every day for various reasons, their strengths and weakness in making diagnoses, and how to use the best strategies for obtaining optimal test results. Will discuss the importance of clinical information and how to best interface with the radiologist.

**11:40 am – 12:40 pm – Radiology**

**Ultrasound Technology & Services for Primary Care**

Ultrasound is a fundamental imaging technique that is used daily for a multitude of applications. This presentation will focus on the common US tests as well as the uncommon, including Musculoskeletal Ultrasound, their capabilities in enabling diagnoses of difficult clinical conditions and uses in combination with other modalities such as MRI.

**12:40 pm**

**Session Adjourns**

**Saturday, February 6th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Radiology**

**Sports Imaging and Image Guided Interventions**

Sports injuries and mechanisms; Imaging sports injuries; Image guided treatments;  
Advanced therapeutics: Stem cells and other biologics

**8:30 am – 9:30 am – Radiology**

**Stem Cell Basics & Advances in Stem Cell Therapy**

Presentation of stem cell science, rationale for stem cell therapy, and the latest  
developments of stem cell applications. Also briefly discuss the current FDA sentiments  
on stem cell medicine.

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Men's Urology**

**Androgen Replacement, Sexual Function**

Treatment algorithm and safety profiles for the treatment of erectile dysfunction;  
testosterone supplementation for the treatment of ED or hypogonadism

**10:40 am – 11:40 am – Men's Urology**

**Benign Male Genitourinary Conditions**

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also  
known as BPH) as well as identification of patients with complex or refractory cases that  
warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and  
other benign findings

**11:40 am**

**Session Adjourns**



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**Sunday, February 7th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Men's Urology**

**Male Malignancies (testes, prostate)**

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

**8:30 am – 9:30 am – Men's Urology**

**Sexually Transmitted Infections**

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

**9:30 am**

**Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Describe the approach to diagnosis and treatment of adrenal insufficiency and syndromes of adrenal hormone excess
- Differentiate between benign prostate conditions and prostate cancers
- Discuss the biology and screening, and treatment options of prostate cancer and testicular cancer
- Discuss medical management of male sexual health including sexual function and androgen replacement
- Describe recent advances in ultrasound technology and rationale for ordering radiologic tests
- List strategies for incorporating stem cell therapy into practice
- Describe the primary care approach to palliative medicine including symptom management and prognostication
- List details about the Medicare hospice benefit

### **Learning Outcome**

To provide updates in primary care medicine to office based providers



### **Disclosure of Conflicts of Interest**

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## Accreditation

### Physician Accreditation

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### Credit Designation

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of February 4, 2021 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.



### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 16 hours of Category I credit for completing this program.

### Nursing Accreditation

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This CE activity provides 16 contact hours of continuing nursing education.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

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Universal Program Number: 0816-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.