



A NON-PROFIT ORGANIZATION

**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

[WWW.MER.ORG](http://WWW.MER.ORG)

**INTERNAL MEDICINE FOR PRIMARY CARE:  
ADDICTION MEDICINE/GYNECOLOGY/INFECTIOUS DISEASE/  
NEUROLOGY**

**Kapolei, Oahu, Hawaii – Aulani, A Disney Resort & Spa  
February 7 – 11, 2021**

**Sunday, February 7th:**

**2:30 pm – 3:00 pm**

**Registration**

**3:00 pm – 4:00 pm – Infectious Disease**

**Gastrointestinal Infectious and Clostridium Difficile**

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridium difficile colitis and related updates from the ID and infection control literature

**4:00 pm – 5:00 pm - Infectious Disease**

**Emerging Infectious Diseases**

Novel influenza viruses, resurgence of vaccine-preventable diseases, zoonoses and disease related to animal exposures (including vectors such as mosquitoes that bear west Nile virus and dengue), bioterrorism and food/waterborne illness

**5:00 pm – 6:00 pm – Infectious Disease**

**Don't Miss It: Ambulatory Care Infectious Disease Emergencies**

Discussion around exemplary cases that addresses key diagnostic and management strategies for potentially emergent outpatient infectious disease challenges

**6:00 pm**

**Session Adjourns**

**Monday, February 8th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Addiction Medicine**

**Substance Use Disorders: Screening & Identification for Primary Care Providers**

Essential information and skills necessary for identifying substance use and addiction in the primary care setting; Epidemiology, assessment and screening tools; Practical steps for intervention

**8:30 am – 9:30 am – Addiction Medicine**

**The Opioid Crisis and Primary Care Providers**

Origin and epidemiology; Differentiating other elements contributing to the crisis; Opioid effects and pharmacology; common misconceptions about opioid analgesic safety; Identifying risk for overdose and addiction; Best practices and guidelines for safe prescribing and monitoring use

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Addiction Medicine**

**Psychopharmacology and Addiction Medicine**

Psychopharmacologic interventions and overdose and addiction; Medication-assisted treatment (MAT) with FDA approved medications for treating addiction-indications and contraindications; Medication management for co-occurring psychiatric disorders

**10:40 am – 11:40 am – Infectious Disease**

**Respiratory Tract Infections**

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

**11:40 am – 12:40 pm – Infectious Disease**

**Evidence-based Healthcare-associated Infections**

Presentation on important pathogens in the healthcare setting and related clinical, epidemiologic and infection control information (please note that the discussion on blood-borne pathogens will NOT suffice for standard hospital CME requirements for BBP training)

**12:40 pm**

**Session Adjourns**

**Tuesday, February 9th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Gynecology**

**Abnormal Uterine Bleeding**

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

**8:30 am – 9:30 am – Gynecology**

**Menopausal Transition and Hormone Replacement Therapy**

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Gynecology**

**Cervical Cancer Screening Including HPV Management**

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

**10:40 am – 11:40 am - Addiction Medicine**

**Chronic Pain and Addictions**

Epidemiology of pain—risk factors and comorbidity; Pain management concepts; Patient factors affecting the analgesic response; the relationship between stress and chronic pain; the range of therapeutic options for management including non-pharmacologic approaches



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### **11:40 am – 12:40 pm – Addiction Medicine**

#### **Treatment of Alcohol Use Disorder in Primary Care**

This talk will describe the scope of the problem of alcohol use disorder and its costs on the entire health care system and our patients' health, the co-morbidities associated with alcohol use disorder and treatments as well as medication assisted treatment for alcohol use disorder.

### **12:40 pm**

**Session Adjourns**

**Wednesday, February 10th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Neurology**

**Alzheimer's Disease & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

**8:30 am – 9:30 am – Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**10:40 am – 11:40 am – Gynecology**

**A Primary Care Review of Structural Abnormalities in Women**

Cystocele, Uterine prolapse, Rectocele, Ovarian torsion

**11:40 am – 12:40 pm – Gynecology**

**Breast Cancer Screening and USPSTF Guideline Update**

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

**12:40 pm**

**Session Adjourns**

**Thursday, February 11th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Neurology**

**Epilepsy and Paroxysmal Disorders**

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome

**8:30 am – 9:30 am – Neurology**

**Treatment of Epilepsy and Status Epilepticus**

Treatment of epilepsies; goals of treatment; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

**9:30 am**

**Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Diagnose and manage important infectious disease syndromes in the respiratory and gastrointestinal organ-based systems
- Discuss the most important approaches to the febrile patient with potentially life-threatening diseases in both hospital - and clinic-associated settings
- Explain the differential diagnosis of seizures and the clinical pharmacology of anti-epileptic drugs
- Describe the differential diagnosis and treatment of Parkinson's disease and other movement disorders
- Discuss evidence-based management options for Alzheimer's disease
- Utilize history and physical examination to distinguish weakness from non-specific symptoms
- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Describe strategies for identifying and treating substance use disorders
- Discuss options for patients with chronic pain addictions

### **Learning Outcome**

To provide updates in primary care medicine to office based providers





### **Disclosure of Conflicts of Interest**

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## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of February 7, 2021 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 20 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 20 contact hours of continuing nursing education.

This activity is designated for 7.5 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

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Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.