



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ADDICTION MEDICINE/BARIATRICS/NEUROLOGY/ONCOLOGY**

**Grand Cayman, Cayman Islands – Grand Cayman Marriott Beach Resort  
April 22 – 25, 2021**

**Thursday, April 22nd:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Addiction Medicine**

**Substance Use Disorders: Screening & Identification for Primary Care Providers**

Essential information and skills necessary for identifying substance use and addiction in the primary care setting; Epidemiology, assessment and screening tools; Practical steps for intervention

**8:30 am – 9:30 am – Addiction Medicine**

**The Opioid Crisis and Primary Care Providers**

Origin and epidemiology; Differentiating other elements contributing to the crisis; Opioid effects and pharmacology; common misconceptions about opioid analgesic safety; Identifying risk for overdose and addiction; Best practices and guidelines for safe prescribing and monitoring use

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Addiction Medicine**

**Psychopharmacology and Addiction Medicine**

Psychopharmacologic interventions and overdose and addiction; Medication-assisted treatment (MAT) with FDA approved medications for treating addiction-indications and contraindications; Medication management for co-occurring psychiatric disorders

**10:40 am – 11:40 am – Bariatrics**

**Non-Surgical Treatment Options for Obesity**

Overview of obesity as a disease state; costs to the individual of being obese; use of appetite suppressant medications, lifestyle modifications

**11:40 am – 12:40 pm – Bariatrics**

**Surgical Treatment Options for Obesity**

An overview of risks and effectiveness of bariatric surgery; Overview of potential surgical options; potential complications

**12:40 pm**

**Session Adjourns**

**Friday, April 23rd:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Bariatrics**

**Bariatric Surgery and Co-Morbid Conditions Associated with Obesity**

Who qualifies for obesity surgery; restrictive, malabsorptive and combination surgical options

**8:30 am – 9:30 am – Bariatrics**

**Patient Management Post Bariatric Surgery**

The role of the clinician for support and behavior modification; nutrition; the stages of patient management post-surgery

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Addiction Medicine**

**Chronic Pain and Addictions**

Epidemiology of pain—risk factors and comorbidity; Pain management concepts; Patient factors affecting the analgesic response; the relationship between stress and chronic pain; the range of therapeutic options for management including non-pharmacologic approaches

**10:40 am – 11:40 am – Oncology**

**Approach to the Patient with Suspected Cancer**

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

**11:40 am – 12:40 pm – Oncology**

**Management of Cancer Survivors**

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

**12:40 pm**

**Session Adjourns**

**Saturday, April 24th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Oncology**

**Diagnosis and Management of Venous Thromboembolism**

Symptoms, signs, diagnostic studies, and interventions to prevent and treat acute deep venous thrombosis and pulmonary embolism will be reviewed

**8:30 am – 9:30 am – Oncology**

**How to Use New Antithrombotic Medications: Case Presentations**

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Neurology**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**10:40 am – 11:40 am – Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**11:40 am**

**Session Adjourns**

**Sunday, April 25th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Neurology**

**Epilepsy, Paroxysmal Disorders, and Status Epilepticus**

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

**8:30 am – 9:30 am – Neurology**

**Sleep Disorders**

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Describe strategies for identifying and treating substance use disorders
- Discuss options for patients with chronic pain addictions
- Discuss obesity treatment including both surgical and non-surgical options
- Describe the approach to patient management after bariatric surgery
- Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
- Describe the differential diagnosis and treatment of movement disorders
- Discuss the spectrum of sleep disorders and current management strategies
- Discuss the approach and subsequent therapeutic management of the cancer patient, as well as the cancer survivor

**Learning Outcome**

To provide updates in primary care medicine to office-based providers



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Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of April 22, 2021 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

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This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

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Universal Program Number: 0816-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.