



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/PULMONOLOGY/RHEUMATOLOGY**

**Coeur d'Alene, Idaho – The Coeur d'Alene Resort  
June 11 – 13, 2021**

**Friday, June 11th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am – Pulmonology**

**Asthma**

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

**8:30 am – 9:30 am – Pulmonology**

**Controversies in the Treatment of Common Respiratory Infections**

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Pulmonology**

**Everything You Need to Know About COPD**

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

**10:40 am – 11:40 am – Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; managing diabetic emergencies; screening; pre-diabetes

**11:40 am - 12:40 pm – Endocrinology**

**Incidentalomas of the Adrenal, Pituitary & Thyroid**

Evaluation and management of incidentally found masses of the adrenal, pituitary and thyroid

**12:40 pm**

**Session Adjourns**

**Saturday, June 12th:**

**7:00 am - 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Endocrinology**  
**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment

**8:30 am – 9:30 am – Endocrinology**  
**Metabolic Bone Disease**

Osteoporosis: diagnosis and treatment

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Pulmonology**

**A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules**

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

**10:40 am – 11:40 am – Rheumatology**

**Evaluating the Patient with Arthritis or Other Joint Pain**

Differentiating between inflammatory and non-inflammatory joint pain; the utility of joint aspiration and lab workup with interpretation of synovial fluid analysis; differential diagnosis of joint pain and inflammatory arthritis

**11:40 am – 12:40 pm – Rheumatology**

**Arthritis: Differentiating Inflammatory from Noninflammatory Causes**

Overview of inflammation; Patterns of involvement of pain (symmetry, oligo and mono arthritis); Early rheumatoid arthritis, lupus, polymyalgia rheumatica, osteoarthritis

**12:40 pm**

**Session Adjourns**

**Sunday, June 13th:**

**7:00 am - 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Rheumatology**

**Crystal Disease: Gout and Pseudogout**

Properly diagnosing and treating crystal diseases such as gout and pseudogout

**8:30 am – 9:30 am – Rheumatology**

**Osteoarthritis**

Pathogenesis, diagnosis and treatment

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Identify the pathophysiology and diagnostic approach of asthma, COPD and common respiratory infections
- Design treatment strategies reflective of current evidence based medicine for asthma, COPD and common respiratory infections
- Diagnose and tailor treatment strategies for Type 2 diabetes
- Discuss current diagnostic and treatment approaches to thyroid disorders and disorders of calcium metabolism
- Describe the approach to diagnosis and treatment of adrenal insufficiency and syndromes of adrenal hormone excess
- Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
- Evaluate and treat osteoarthritis and gout

**Learning Outcome**

To provide updates in primary care medicine to office based providers

## Disclosure of Conflicts of Interest

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## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of June 11, 2021 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

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This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

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Universal Program Number: 0816-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.