



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ALLERGY & IMMUNOLOGY/ENDOCRINOLOGY/PULMONOLOGY**

**Key West, Florida – Opal Key Resort & Marina
January 22 – 24, 2021**

Friday, January 22nd:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am - 8:30 am – Pulmonology

A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

8:30 am – 9:30 am – Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

9:30 am - 9:40 am

Coffee Break

9:40 am – 10:40 am – Endocrinology

Type 2 Diabetes Mellitus

Diagnosis and treatment; managing diabetic emergencies; screening; pre-diabetes

10:40 am – 11:40 am – Endocrinology

Incidentalomas of the Adrenal, Pituitary & Thyroid

Evaluation and management of incidentally found masses of the adrenal, pituitary and thyroid

11:40 am - 12:40 pm – Endocrinology

Metabolic Bone Disease

Osteoporosis: diagnosis and treatment

12:40 pm

Session Adjourns

Saturday, January 23rd:

7:00 am - 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Endocrinology

Disorders of Thyroid Function

Prevalence, diagnosis and treatment

8:30 am – 9:30 am – Allergy & Immunology

Primary Care Management of Asthma

This presentation will review the diagnostic features of asthma; discuss the management of comorbid complicating conditions; and review guideline driven therapy including the utility of biologics for the management of patients with severe asthma.

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Allergy & Immunology

Drug Allergies for Primary Care

Allergic reactions account for up to 10% of all adverse drug reactions; Discussion will include an office-based approach to rashes, hives, difficulty breathing and other immune responses to medication

10:40 am – 11:40 am – Pulmonology

Everything You Need to Know About COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

11:40 am - 12:40 pm – Pulmonology

Sleep Disorders

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

12:40 pm

Session Adjourns

Sunday, January 24th:

7:00 am - 7:30 am

Continental Breakfast

7:30 am - 8:30 am – Allergy & Immunology

Food Allergies and Hymenoptera Allergies: The Myths, The Facts, and Everything in Between

Primary Care focused discussion of food and venom allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity

8:30 am - 9:30 am – Allergy & Immunology

Urticaria and Angioedema Updates for Primary Care

This presentation will discuss the pathogenesis and epidemiology of urticaria and angioedema; review the causes of urticaria and angioedema; and discuss the treatment of urticaria and angioedema.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Identify and design treatment strategies for COPD and common respiratory infections
- Perform a range of pulmonary diagnostics and be better prepared to handle pulmonary nodules and lung cancer
- Delineate the differential diagnosis and treat sleep disorders
- Diagnose and tailor treatment strategies for Type 2 diabetes
- Discuss current diagnostic and treatment approaches to thyroid disorders and disorders of calcium metabolism
- Describe the approach to diagnosis and treatment of adrenal insufficiency and syndromes of adrenal hormone excess
- Explain the process of evaluating medications for drug interactions
- Describe how to efficiently and cost effectively manage patients with food, drug, hymenoptera hypersensitivities, asthma, rhinitis, sinusitis and various atopic skin conditions

Learning Outcome

To provide updates in primary care medicine to office based providers

Disclosure of Conflicts of Interest

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Accreditation

Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of January 22, 2021 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*TM from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.