



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**GERIATRIC MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/GERIATRICS/PSYCHIATRY**

**New Orleans, Louisiana – JW Marriott New Orleans  
April 30 – May 2, 2021**

**Friday, April 30th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Geriatrics**

**Heart Failure: Assessment and Management of the Most Expensive Disease in Older Adults**

Recognition of the high mortality associated with heart failure; Understanding how to diagnose heart failure and the difference between reduced ejection fraction and preserved ejection fraction heart failure; Evidence based treatments available for heart failure

**8:30 am – 9:30 am – Geriatrics**

**Controversies in the Management of Hypertension in Older Adults: How Low is Too Low?**

Best evidence for treatment goals for hypertension in diabetics and those with previous stroke; Controversial evidence for the various guidelines for diagnosing and treating hypertension in older adults; Best evidence based medications for hypertension

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Geriatrics**

**Thromboembolism, and Risks and Benefits of Old and New Anticoagulants**

The multiple risk factors for DVT; Strategies and tests to help diagnose DVT; Evidence based treatments to prevent or treat DVT costs and risks; Who should receive an inferior vena cava filter

**10:40 am – 11:40 am – Psychiatry**

**Suicide and Violent Behavior in the Geriatric Population**

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient



A NON-PROFIT ORGANIZATION

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### **11:40 am – 12:40 pm – Psychiatry**

#### **Substance Abuse in the Elderly**

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

### **12:40 pm**

#### **Session Adjourns**

**Saturday, May 1st:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Psychiatry**

**Please be a “No Show” (The Difficult Patient)**

Understanding patient who interprets benign interpersonal and social interactions in an idiosyncratic and negative way; management of such behavior and avoidance of negative feelings in the physician

**8:30 am – 9:30 am – Psychiatry**

**Managing Depression in the Elderly**

History taking, diagnosis and treatment of depression in the elderly; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Geriatrics**

**Case Presentations**

Challenging case studies and geriatric medicine

**10:40 am – 11:40 am – Endocrinology**

**Osteoporosis Management for Primary Care**

Screening and diagnosis; ACP Guidelines; Vertebral compression fractures; The role of vitamin D and calcium supplementation; Duration of bisphosphonate therapy; Osteoporosis in men

**11:40 am – 12:40 pm – Endocrinology**

**Case Presentations: Osteoporosis and Bone Health**

**12:40 pm**

**Session Adjourns**

## Sunday, May 2nd:

**7:00 am – 7:30 am**

### **Continental Breakfast**

**7:30 am – 8:30 am – Endocrinology**

### **Insulin Therapy for Diabetes**

Treating T2DM with insulin; T1DM

**8:30 am – 9:30 am – Endocrinology**

### **Management of Dyslipidemia**

Guidelines for the management of cholesterol from AHA and ACC; Further LDL-cholesterol reduction with non-statin therapies for those with ASCVD; Risk stratification and reduction for those without ASCVD, diabetes or severe hypercholesterolemia; Recommendations for special populations

**9:30 am**

### **Conference Adjourns**

## **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

## **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Assess and manage heart failure in the elderly
- Discuss management of hypertension and DVT in older adults
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse and depression in older adults
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Utilize suggested strategies to manage "the difficult patient"
- Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other bone health disorders
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment

## **Learning Outcome**

To provide updates in primary care medicine to office based providers

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

### **Disclaimer**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians (AAFP)



This Live activity, *Geriatric Medicine for Primary Care*, with a beginning date of April 30, 2021 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### **American Osteopathic Association (AOA)**

This activity is approved for 12 hours in Category 2-A by the American Osteopathic Association.

### **American College of Emergency Physicians (ACEP)**

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### **Canadian Physicians**

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



### Pharmacy Accreditation

#### Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-043-L01-P

JA0003680-0000-21-044-H01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.