



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/EMERGENCY MEDICINE/GYNECOLOGY/PAIN
MANAGEMENT**

**Nassau, Bahamas – Atlantis Paradise Island Resort
May 20 – 23, 2021**

Thursday, May 20th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Gynecology

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

8:30 am – 9:30 am – Gynecology

Menopausal Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Gynecology

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

10:40 am – 11:40 am – Pain Management

Non-Opioid Pharmacologic Options in Pain Management

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

11:40 am – 12:40 pm – Pain Management

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

12:40 pm

Session Adjourns

Friday, May 21st:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Pain Management

Interventional Pain Management Options

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners

8:30 am – 9:30 am – Pain Management

Fibromyalgia

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Gynecology

Breast Cancer Screening and USPSTF Guideline Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

10:40 am – 11:40 am – Cardiology

Hypertension Update 2021: Practical “Tips and Tricks”

Most recent ACC/AHA Guideline; New goals of treatment; Choice of treatment; Special populations – diabetics, the elderly, resistant hypertension

11:40 am – 12:40 pm – Cardiology

Office Management of Congestive Heart Failure

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

12:40 pm

Session Adjourns

Saturday, May 22nd:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Cardiology

Valvular Heart Disease Update

Heart valve disease update and therapy for aortic valve stenosis; Blood thinning medications in people with biological and mechanical tissue valves; Timing of surgical intervention and minimally-invasive treatment options for heart valve repair and replacement

8:30 am – 9:30 am – Cardiology

Atrial Fibrillation: What's New in 2021

New methods of detection, rate vs rhythm control, new options for stroke prevention

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:10 am – Emergency Medicine

Can I Care for That Patient?—Office Based Emergencies

With the push to expand the scope of practice and reduce the emergency department visits, patients present to clinic with emergency conditions. This lecture will present the necessary education, personnel, equipment and process to safely care for these patients in the clinic. Criteria for transfer to an emergency department will also be discussed.

10:10 am – 10:40 am – Emergency Medicine

The Patient Becomes Unstable in the Office—The Approach to the Patient with an Emergency

It is relatively uncommon that a patient becomes unstable in the office, but it is important to be prepared for this possibility. The clinician needs to properly evaluate and treat unstable patients until transfer can be arranged to a higher level of care. Review of the ABCDE of evaluation and stabilization of these patients will be presented.



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10:40 am – 11:40 pm – Emergency Medicine

My Stomach Hurts—Common Office Based Emergencies

Patients commonly present to the clinic with common complaints. Some of these complaints need an emergency type evaluation. These conditions include shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

11:40 am

Session Adjourns

Sunday, May 23rd:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Emergency Medicine

I Got Burned on the Stove Today—Uncommon Office Based Emergencies

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

8:30 am – 9:30 am – Emergency Medicine

Can You Stop My Nose Bleed—Office Based Emergency Procedures

Patients frequently present to the clinic with acute complaints that can easily be treated. These procedures include nasal packing, incision and drainage, posterior molds, advanced monitoring, respiratory procedures and intraosseous access and agitation treatment that can be performed in the clinic setting.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe medications, manual therapies, injections as well as psychological and other approaches to pain management
- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Describe current diagnostic approaches to hypertension, ACS, congestive heart failure, and CAD
- Implement treatment strategies reflective of current evidence based medicine for hypertension, ACS, heart failure, and CAD
- Discuss practical steps to prepare the primary care office for emergency situations
- List procedures to treat common, uncommon, orthopedic and wounds that present in the primary care office

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of May 20, 2021 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

This activity is approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-049-L01-P

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Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.