



A NON-PROFIT ORGANIZATION

PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

PEDIATRIC & ADOLESCENT MEDICINE FOR PRIMARY CARE: DERMATOLOGY/ENDOCRINOLOGY/GASTROENTEROLOGY

**Asheville, North Carolina – The Omni Grove Park Inn
September 24 – 26, 2021**

Friday, September 24th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Endocrinology

Metabolic Syndrome

With the increased incidence of obesity in the US, children and adolescents are now at increased risk for the development of metabolic syndrome and frank type 2 diabetes. What used to be considered an adult condition is now unfortunately becoming more prevalent in younger age categories. The purpose of this talk is to define metabolic syndrome, identify screening methodology, and discuss potential treatment strategies.

8:30 am – 9:30 am – Endocrinology

Type 1 Diabetes

T1DM has an overall incidence of 1:300 in the US. While it primarily affects young children, it is an autoimmune disease that can affect young adults as well. The purpose of this talk is to define type 1 diabetes, describe the pathophysiology of diabetic ketoacidosis, and discuss the various insulin regimens available.

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Endocrinology

Short Stature and Poor Growth: A Primary Care Perspective

Growth in pediatrics is a key indicator of general health, and early identification of abnormal growth patterns is critical. Growth disorders can have both non-endocrine and endocrine etiologies. The purpose of this talk is to define abnormal growth patterns, discuss the differential diagnosis and initial evaluation from the PCP perspective, and then focus on the common endocrine disorders leading to poor growth.

10:40 am – 11:40 am – Dermatology

Dermatitis

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management



A NON-PROFIT ORGANIZATION

PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

11:40 am – 12:40 pm – Dermatology

Papulosquamous Diseases

Psoriasis, lichen planus, pityriasis rosea, connective tissue diseases; how to tell one scaly rash from another

12:40 pm

Session Adjourns

Saturday, September 25th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Dermatology

Viral Diseases

Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

8:30 am – 9:30 am – Dermatology

Acne and Acneiform Eruptions

Topical and systemic therapy

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Endocrinology

Pediatric Thyroid Disorders

The purpose of this talk is to gain an understanding of the physiology of thyroid hormone. Specific conditions include congenital hypothyroidism, acquired hypothyroidism, hyperthyroidism, as well as distinguishing between central and primary hypothyroidism. Finally, session will cover how to interpret thyroid lab values and determine whether they represent true or a pseudo-disease state.

10:40 am – 11:40 am – Gastroenterology

Chronic Abdominal Pain in Children

Physiology and differential diagnosis of chronic abdominal pain in children; testing (laboratory, radiographic, endoscopic) techniques available for the treatment of chronic abdominal pain in children; treatment options for chronic abdominal pain, including treatment for recurrent abdominal pain of childhood and irritable bowel syndrome



A NON-PROFIT ORGANIZATION

PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

11:40 am – 12:40 pm – Gastroenterology

Gastroesophageal Reflux in Children

The Physiology of pediatric gastroesophageal reflux (GER) and how to differentiate GER from gastroesophageal reflux disease (GERD); testing techniques to diagnose pediatric GER; treatment options for pediatric GER and pediatric GERD

12:40 pm

Session Adjourns

Sunday, September 26th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Gastroenterology

Constipation in Children

The pathophysiology and differential diagnosis of pediatric constipation; testing techniques used to diagnose complications associated with pediatric constipation; treatment options

8:30 am – 9:30 am – Gastroenterology

Pediatric Gastrointestinal Foreign Bodies

Complications of various gastrointestinal (GI) foreign bodies in children; testing techniques to diagnose GI foreign bodies in children; treatment options (observational versus removal)

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discriminate the diagnostic principles and treatment options for dermatitis and papulosquamous diseases in children and adolescents
- Discuss the diagnosis and treatment of viral skin infections
- Describe the step-wise approach for the diagnosis and treatment of acne and acneiform eruptions
- Discuss symptoms and treatment options for metabolic syndrome and type 1 diabetes in adolescents
- Describe a comprehensive approach to managing pediatric thyroid disorders as well as short stature and poor growth
- Discuss symptoms and treatment of chronic abdominal pain and gastroesophageal reflux in children
- List the current treatment options for constipation and gastrointestinal foreign bodies in children

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians (AAFP)



This Live activity, *Pediatric & Adolescent Medicine for Primary Care*, with a beginning date of September 24, 2021 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

This activity is approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-130-L01-P

JA0003680-0000-21-131-H01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.