



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**GERIATRIC MEDICINE FOR PRIMARY CARE:
GERIATRICS/ONCOLOGY/PSYCHIATRY**

**Charleston, South Carolina – Francis Marion Hotel
August 27 – 29, 2021**

Friday, August 27th:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am – 8:30 am – Geriatrics

Approach to the Geriatric Patient

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

8:30 am – 9:30 am – Geriatrics

Assessing and Managing Urological Disorders

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Geriatrics

Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

10:40 am – 11:40 am – Psychiatry

Suicide and Violent Behavior in the Geriatric Population

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

11:40 am – 12:40 pm – Psychiatry

Substance Abuse in the Elderly

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

12:40 pm

Session Adjourns

Saturday, August 28th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Psychiatry

Managing Anxiety and Stress in the Elderly

Generalized anxiety disorder, panic disorder, phobias & post-traumatic stress disorder; focus on etiology, diagnosis, co-morbidity and treatment of these common and disabling conditions.

8:30 am – 9:30 am – Psychiatry

Managing Depression in the Elderly

History taking, diagnosis and treatment of depression in the elderly; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Geriatrics

Vascular Problems

Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

10:40 am – 11:40 am – Oncology

Approach to the Patient with Suspected Cancer

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

11:40 am – 12:40 pm – Oncology

Management of Cancer Survivors

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence and long-term toxicity will be reviewed

12:40 pm

Session Adjourns

Sunday, August 29th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Oncology

A Primary Care Review of New Antiplatelet Agents

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current antiplatelet agents will be reviewed.

8:30 am – 9:30 am – Oncology

A Primary Care Review of New Anticoagulants

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current anticoagulant medications will be reviewed.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage vascular and urologic disorders
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options
- Discuss the approach and subsequent therapeutic management of the cancer patient, as well as the cancer survivor
- Describe approaches to manage patients on direct oral anticoagulants as well as antiplatelet agents
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse and depression in older adults
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Utilize suggested strategies to manage anxiety and stress in the elderly

Learning Outcome

To provide updates in primary care medicine to office based providers

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians (AAFP)



This Live activity, *Geriatric Medicine for Primary Care*, with a beginning date of August 27, 2021 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

This activity is approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



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Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-118-L01-P

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Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.