



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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CARDIOLOGY AND PULMONOLOGY FOR PRIMARY CARE

**Nassau, Bahamas - Atlantis Paradise Island Resort
2/3/2022 - 2/6/2022**



Thursday, February 3, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Cardiology

Work-up of Patients with Suspected CAD

Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

8:30 am - 9:30 am - Cardiology

Acute Coronary Syndromes

Emergency evaluation; diagnosing and treating ST segment elevation and non-ST segment elevation MIs

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Hypertension

Discussion of current guideline; New goals of treatment; Special populations – diabetics, the elderly; Renal failure, resistant hypertension; Influence of frailty

10:40 am - 11:40 am - Pulmonology

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

11:40 am - 12:40 pm - Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

12:40 pm

Session Adjourns



Friday, February 4, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Pulmonology

COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

8:30 am - 9:30 am - Pulmonology

Pulmonology Cases

Challenging case presentations in pulmonology

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Primary & Secondary Prevention of CAD

AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

10:40 am - 11:40 am - Cardiology

Arrhythmias

Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

11:40 am - 12:40 pm - Cardiology

Congestive Heart Failure

Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

12:40 pm

Session Adjourns



Saturday, February 5, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Cardiology

Update on Atrial Fibrillation for the Primary Care Provider

New methods of detection, rate vs rhythm control, new options for stroke prevention

8:30 am - 9:30 am - Cardiology

Cardiology Cases

Challenging case presentations in cardiology

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Pulmonology

Deep Vein Thrombosis & Pulmonary Embolism

Clinical presentation: The great masquerader; diagnostic controversies; acute treatment; chronic therapy and complications; ACCP Guidelines.

10:40 am - 11:40 am - Pulmonology

Sleep Apnea

Systemic consequences of untreated disease; polysomnography: what patient should expect and how to read the report; treatment options.

11:40 am

Session Adjourns



Sunday, February 6, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Pulmonology

Lung Cancer Screening & Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

8:30 am - 9:30 am - Pulmonology

Pulmonology Cases

Challenging case presentations in pulmonology

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Outcome

To provide updates in primary care medicine to office based providers

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the work-up of patients with suspected CAD
- Describe current diagnostic approaches to ACS
- Explain current concepts in the diagnosis and treatment of hypertension
- Implement treatment strategies for primary and secondary prevention of CAD
- Diagnose and manage patients with asthma
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Describe the current therapeutic management of COPD
- Utilize case-based learning to develop treatment plans for pulmonology conditions
- Describe current diagnostic and treatment approaches to arrhythmias
- Implement treatment strategies reflective of current evidence based medicine for CHF
- List pharmacologic options for stroke prevention in patients with atrial fibrillation and the benefits of each
- Utilize case-based learning to develop treatment plans for cardiovascular conditions
- Diagnose deep vein thrombosis and pulmonary embolism and discuss appropriate therapeutic options
- Discuss systemic consequences and treatment options for sleep apnea
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer
- Utilize case-based learning to develop treatment plans for pulmonology conditions



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Cardiology and Pulmonology for Primary Care*, with a beginning date of 2/3/2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.