# INTERNAL MEDICINE FOR PRIMARY CARE: BARIATRICS/INFECTIOUS DISEASE/ ONCOLOGY/ORTHOPEDICS

Nassau, Bahamas - Atlantis Paradise Island Resort 3/3/2022 - 3/6/2022

#### Thursday, March 3, 2022

#### 7:00 am

# Registration and Hot Breakfast

#### 7:30 am - 8:30 am - Infectious Diseases

#### Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

#### 8:30 am - 9:30 am - Infectious Diseases

#### **Gastrointestinal Infections & Clostridium Difficile**

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridium difficile colitis and related updates from the ID and infection control literature

#### 9:30 am - 9:40 am

#### Coffee Break

#### 9:40 am - 10:40 am - Infectious Diseases

#### **Genitourinary Infections**

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

#### 10:40 am - 11:40 am - Bariatrics

#### Non-surgical Management of Obesity

Overview of obesity as a disease state; costs to the individual of being obese; use of appetite suppressant medications and lifestyle modifications

#### 11:40 am - 12:40 pm - Bariatrics

# **Surgical Management of Obesity**

An overview of risks and effectiveness of bariatric surgery; overview of potential surgical options; potential complications

#### 12:40 pm

#### **Session Adjourns**

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# Friday, March 4, 2022

#### 7:00 am

#### Registration and Hot Breakfast

#### 7:30 am - 8:30 am - Bariatrics

#### **Bariatric Surgery and Co-Morbid Conditions Associated with Obesity**

Who qualifies for obesity surgery; restrictive, malabsorptive and combination surgical options

#### 8:30 am - 9:30 am - Bariatrics

#### **Patient Management Post-bariatric Surgery**

The role of the clinician for support and behavior modification, nutrition, and the stages of patient management post-surgery

#### 9:30 am - 9:40 am

#### **Coffee Break**

#### 9:40 am - 10:40 am - Infectious Diseases

#### **Respiratory Tract Infections**

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

#### 10:40 am - 11:40 am - Oncology

#### **Approach to the Patient with Suspected Cancer**

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

#### 11:40 am - 12:40 pm - Oncology

#### **Management of Cancer Survivors**

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

#### 12:40 pm

# **Session Adjourns**

#### Saturday, March 5, 2022

#### 7:00 am

#### **Registration and Hot Breakfast**

#### 7:30 am - 8:30 am - Oncology

# A Primary Care Review of New Antiplatelet Agents

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current antiplatelet agents will be reviewed

# 8:30 am - 9:30 am - Oncology

#### A Primary Care Review of New Oral Anticoagulants

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

#### 9:30 am - 9:40 am

#### **Coffee Break**

#### 9:40 am - 10:40 am - Orthopedics

#### **Shoulder Injuries**

Rotator cuff syndrome; impingement, frozen shoulder; subacromail bursitis; bicipital tendonitis; A-C joint disease

#### 10:40 am - 11:40 am - Orthopedics

#### Wrist, Hand, and Fingers

Carpal tunnel, CMC arthritis thumb, ganglion cyst, trigger finger, de Quervains disease.

#### 11:40 am

# **Session Adjourns**

# Sunday, March 6, 2022

#### 7:00 am

# **Registration and Continental Breakfast**

#### 7:30 am - 8:30 am - Orthopedics

#### **Knee Injuries**

The most common knee injuries physician will see in clinical practice; mechanism of injury, historical features, anatomy of injury, clinical findings evident in the exam; management of problems focused mostly on evidence based conservative interventions but also surgical options available; the top three: ACL, patellofemoral, meniscal

#### 8:30 am - 9:30 am - Orthopedics

#### **Ankle and Foot**

This presentation will address a series of common acute and chronic injuries and pain syndromes to the foot and ankle as they would present in the primary care setting. The focus will be on developing a working differential diagnosis based on the historical mechanism of injury and exam findings.

#### 9:30 am

#### **Conference Adjourns**

# **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

#### **Learning Outcome**

To provide updates in primary care medicine to office based providers

#### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Diagnose and manage genitourinary infections
- List common causative pathogens for various respiratory tract infections
- Discuss non-surgical obesity treatment options
- List the advantages and disadvantages of the various surgical options in the management of obesity
- Identify co-morbid conditions associated with obesity
- Describe the approach to patient management after bariatric surgery
- Discuss the diagnostic approach to the patient with suspected cancer
- Evaluate and manage risks of the cancer survivor
- Describe the mechanism of action of new antiplatelet agents
- Manage patients on new oral anticoagulants
- Recommend appropriate exercise prescriptions for common shoulder injuries
- Diagnose and treat wrist, hand, and finger injuries
- Utilize observation, palpation, range of motion and neurologic exams to diagnose knee injuries
- Recognize chronic injuries and pain syndromes to the foot and ankle

#### **Disclosure of Conflicts of Interest**

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#### **Accreditation Statements**

# Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

# Physician Credit Designation AMA PRA Category 1 CreditsTM

Medical Education Resources designates this live activity for a maximum of 16  $AP^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **American Board of Internal Medicine MOC Recognition (ABIM)**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# **American Academy of Family Physicians (AAFP)**



This Live activity, Internal Medicine for Primary Care: Bariatrics/ID/Onc/Ortho, with a beginning date of 3/3/2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

# **American Osteopathic Association (AOA)**

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

#### **American College of Emergency Physicians (ACEP)**

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

#### **Canadian Physicians**

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.



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# **Nursing Credit Designation**

# **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

# **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

# Physician Assistant Credit Designation American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

# **Pharmacy Accreditation**

# **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.