



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE  
DERMATOLOGY/EMERGENCY MEDICINE/  
INFECTIOUS DISEASE/NECK AND SPINE**

**Maui, HI - The Westin Maui Resort & Spa Kaanapali  
3/13/2022 - 3/17/2022**



**Sunday, March 13, 2022**

**2:30 pm**

**Registration**

**3:00 pm - 4:00 pm - Dermatology**

**Dermatitis**

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

**4:00 pm - 5:00 pm - Dermatology**

**Papulosquamous Diseases**

Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; how to tell one scaly rash from another

**5:00 pm - 6:00 pm - Dermatology**

**Skin Manifestations of Systemic Disease**

Diagnosis of internal disease based on cutaneous findings

**6:00 pm**

**Session Adjourns**



**Monday, March 14, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Emergency Med**

**Office-Based Emergencies/Approach to the Patient with an Emergency**

Talk 1 -- With the push to expand the scope of practice and reduce the emergency department visits, patients present to clinic with emergency conditions. This lecture will present the necessary education, personnel, equipment and process to safely care for these patients in the clinic. Criteria for transfer to an emergency department will also be discussed.

Talk 2 -- Some patients come to the clinic and become unstable. What needs to be done prior to arrival of the ambulance. This course discusses the evaluation and treatment of unstable patient, initial resuscitation and transfer process.

**8:30 am - 9:30 am - Emergency Med**

**Common Office-Based Emergencies**

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Emergency Med**

**Uncommon Office-Based Emergencies**

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

**10:40 am - 11:40 am - Dermatology**

**Benign Skin Tumors**

Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors

**11:40 am - 12:40 pm - Dermatology**

**Premalignant and Malignant Skin Tumors**

Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors

**12:40 pm**

**Session Adjourns**

**Tuesday, March 15, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Neck & Spine**

**Diagnosis and Treatment of Lumbar Spine Disorders (Part 1)**

A practical approach to the diagnosis and early management of lumbar spine disorders will be presented. Anatomy, differential diagnosis, as well as physical examination concepts will be covered.

**8:30 am - 9:30 am - Neck & Spine**

**Diagnosis and Treatment of Lumbar Spine Disorders (Part 2)**

A practical approach to the diagnosis and early management of lumbar spine disorders continued.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neck & Spine**

**Diagnosis and Treatment of Lumbar Spine Disorders (Part 3)**

A practical approach to the diagnosis and early management of lumbar spine disorders continued.

**10:40 am - 11:40 am - Emergency Med**

**Office-Based Emergency Procedures**

Patients present to the clinic who need basic procedures. Procedures discussed include advanced monitoring procedural sedation, intraosseous access, epistaxis, peritonsillar abscess, incision and drainage of abscesses, posterior molds and treating agitation.

**11:40 am - 12:40 pm - Emergency Med**

**Psychiatric Emergencies in Primary Care**

Most patients with a mental illness come to the office for evaluation and treatment of their complaint. This presentation will review those common psychiatric conditions including depression, anxiety, and substance use disorder. Suicide risk assessment is essential to this evaluation process.

**12:40 pm**

**Session Adjourns**

**Wednesday, March 16, 2022**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Infectious Diseases**

**Skin & Soft Tissue Infections**

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

**8:30 am - 9:30 am - Infectious Diseases**

**Gastrointestinal Infections & Clostridium Difficile**

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridium difficile colitis and related updates from the ID and infection control literature

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Infectious Diseases**

**Genitourinary Infections**

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

**10:40 am - 11:40 am - Neck & Spine**

**Diagnosis and Treatment of Cervical Spine and Select Upper Extremity Disorders**

A practical approach to the diagnosis and early management of cervical spine and selected upper extremity disorders will be presented. Anatomy, differential diagnosis, as well as physical examination concepts will be covered.

**11:40 am - 12:40 pm - Neck & Spine**

**Physical Exam of the Neck & Spine**

Practical guide to examining the neck and spine

**12:40 pm**

**Session Adjourns**



**Thursday, March 17, 2022**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Infectious Diseases**

**Immunizations**

Presentation on key vaccine preventable diseases and their presentations with an emphasis on the latest recommendations including newest schedules, safety and efficacy information

**8:30 am - 9:30 am - Infectious Diseases**

**Emerging Infectious Diseases**

Novel influenza viruses, resurgence of vaccine-preventable diseases, zoonoses and disease related to animal exposures (including vectors such as mosquitoes that bear west Nile virus and dengue), bioterrorism and food/waterborne illness

**9:30 am**

**Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Outcome**

To provide updates in primary care medicine to office based providers

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases
- Identify cutaneous findings that serve as surrogates of internal diseases
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Detect pre-cancerous and cancerous skin lesions
- Discuss practical steps to prepare the primary care office for emergency situations
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns
- Employ appropriate procedures for a variety of office-based emergencies
- Discuss the importance of suicide risk assessment in patients presenting with psychiatric emergencies
- Identify early treatment options for the management of lumbar spine disorders
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- Identify early treatment options for the management of lumbar spine disorders
- Utilize observation, palpation, range of motion and neurologic exams to diagnose cervical spine disorders
- Perform a physical exam of the neck and spine
- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Diagnose and manage genitourinary infections
- Recommend appropriate immunizations based on patient specific risk factors
- Discuss emerging infectious diseases including resurgence of vaccine-preventable diseases, zoonoses, and diseases related to animal exposures

### **Disclosure of Conflicts of Interest**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care Derm/Emergency/ID/Neck and Spine*, with a beginning date of 3/13/2022 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.