



**INTERNAL MEDICINE FOR PRIMARY CARE:
DERMATOLOGY/ENDOCRINOLOGY/
GASTROENTEROLOGY/PSYCHIATRY**

**Walt Disney World® Resort, FL - Disney's Grand Floridian
Resort & Spa
3/13/2022 - 3/17/2022**



Sunday, March 13, 2022

2:30 pm

Registration

3:00 pm - 4:00 pm - Psychiatry

Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

4:00 pm - 5:00 pm - Psychiatry

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

5:00 pm - 6:00 pm - Psychiatry

Substance Abuse

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

6:00 pm

Session Adjourns

Monday, March 14, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Endocrinology

Type 2 Diabetes Mellitus

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

8:30 am - 9:30 am - Endocrinology

Dyslipidemias

Cholesterol disorders; triglyceride disorders; AHA/ACCF guidelines; new tests and current therapies

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

10:40 am - 11:40 am - Psychiatry

Depressive Disorders

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

11:40 am - 12:40 pm - Psychiatry

Suicide and Violence

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

12:40 pm

Session Adjourns

Tuesday, March 15, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Gastroenterology

Management of Lower GI Bleeding- From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

8:30 am - 9:30 am - Gastroenterology

Celiac Disease and Chronic Diarrhea

Millions of Americans are now on a gluten free diet. Only some of them have sprue.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Colorectal Cancer Screening and Surveillance

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

10:40 am - 11:40 am - Endocrinology

Thyroid Nodules and Cancer

Diagnosis and treatment

11:40 am - 12:40 pm - Endocrinology

Obesity Management

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

12:40 pm

Session Adjourns

Wednesday, March 16, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Dermatology

Dermatitis

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

8:30 am - 9:30 am - Dermatology

Papulosquamous Diseases

Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; how to tell one scaly rash from another

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Dermatology

Fungal Infections of the Skin

Dermatophytes, tinea versicolor, candidiasis, selected deep fungal infections; diagnosis and management

10:40 am - 11:40 am - Gastroenterology

Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

11:40 am - 12:40 pm - Gastroenterology

Hepatitis B and C Management

HBV screening: whom to screen, whom to vaccinate; management of patients with decompensated hepatitis B related liver disease; treatment in special populations

12:40 pm

Session Adjourns



Thursday, March 17, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Dermatology

Benign Skin Tumors

Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors

8:30 am - 9:30 am - Dermatology

Premalignant and Malignant Skin Tumors

Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Outcome

To provide updates in primary care medicine to office based providers

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Describe strategies for identifying and treating substance use disorders
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Develop patient-specific treatment plans for the management of type 2 diabetes
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- List current treatment recommendations for the management of lower GI bleeding
- Recommend appropriate testing for the workup of celiac disease
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Identify risk factors for the development of non-alcoholic fatty liver disease
- List current treatment recommendations for HBV and HCV
- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases
- Compare the different treatment options for fungal skin infections and nail infections
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Detect pre-cancerous and cancerous skin lesions

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Derm/Endo/Gastro/Psych*, with a beginning date of 3/13/2022 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.