



ENDOCRINOLOGY FOR PRIMARY CARE

**Hilton Head, SC - The Westin Hilton Head Island Resort &
Spa
7/14/2022 - 7/17/2022**

Thursday, July 14, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Endocrinology

Metabolic Syndrome

With the increased incidence of obesity in the US, children and adolescents are now at increased risk for the development of metabolic syndrome and frank type 2 diabetes. What used to be considered an adult condition is now unfortunately becoming more prevalent in younger age categories. The purpose of this talk is to define metabolic syndrome, identify screening methodology, and discuss potential treatment strategies.

8:30 am - 9:30 am - Endocrinology

Obesity Management

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Dyslipidemias

Cholesterol disorders; triglyceride disorders; AHA/ACCF guidelines; new tests and current therapies

10:40 am - 11:40 am - Endocrinology

Disorders of Calcium Metabolism

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

11:40 am - 12:40 pm - Endocrinology

Endocrinology Cases: Calcium Disorders

Challenging case presentations in calcium disorders

12:40 pm

Session Adjourns

Friday, July 15, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

8:30 am - 9:30 am - Endocrinology

Endocrinology Cases: Osteoporosis

Challenging case presentations in osteoporosis

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Endocrine Hypertension

Review the epidemiology and pathophysiology of hormonal causes of hypertension; up-to-date therapeutic options

10:40 am - 11:40 am - Endocrinology

Thyroid Nodules

Diagnosis and treatment

11:40 am - 12:40 pm - Endocrinology

Disorders of Thyroid Function

Prevalence, diagnosis and treatment

12:40 pm

Session Adjourns



Saturday, July 16, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Endocrinology

Endocrinology Cases: Thyroid Function

Challenging case presentations in thyroid dysfunction

8:30 am - 9:30 am - Endocrinology

Endocrinology Cases: Thyroid Nodules

Challenging case presentations in thyroid nodules

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Metabolic Bone Disease

Disorders of bone strength caused by abnormalities of minerals, vitamin D, bone mass and structure; The role of calcium and phosphorus; Osteomalacia, Paget's disease and parathyroid disorders

10:40 am - 11:40 am - Endocrinology

Hormone Replacement in Women and Men

Estrogen and anti-estrogen options for women and testosterone treatment controversy in men

11:40 am

Session Adjourns



Sunday, July 17, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Endocrinology

Adrenal Disorders in Primary Care

Evaluation and management of adrenal hyper and hypofunction; Endocrine hypertension

8:30 am - 9:30 am - Endocrinology

Evaluation and Management of Pituitary Disease

Diagnosis and treatment of pituitary disorders

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Outcome

To provide updates in primary care medicine to office based providers

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss current concepts in the diagnosis and management of metabolic syndrome
- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Define common etiologies of endocrine hypertension
- Discuss current diagnostic criteria and treatment approaches to disorders of calcium metabolism
- Utilize case-based learning to develop treatment plans for calcium disorders
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Utilize case-based learning to develop treatment plans for osteoporosis
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Identify the risks of abnormal thyroid function
- Utilize case-based learning to develop treatment plans for thyroid disorders
- Utilize case-based learning to develop treatment plans for patients with thyroid nodules
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Describe the potential risks and benefits of hormone replacement therapy
- List management strategies of adrenal hyper and hypofunction
- Describe treatment options for pituitary disorders



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Endocrinology for Primary Care*, with a beginning date of 7/14/2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

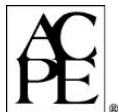
American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.