



PRIMARY CARE CONFERENCES

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ALLERGY & IMMUNOLOGY/GASTROENTEROLOGY/PULMONOLOGY**

**Scottsdale, Arizona – JW Marriott Scottsdale Camelback Inn Resort & Spa
December 3 – 5, 2021**

Friday, December 3rd:

7:00 am – 7:30 am

Registration and Hot Breakfast

7:30 am - 8:30 am – Allergy & Immunology

Primary Care Management of Asthma

This presentation will review the diagnostic features of asthma; discuss the management of comorbid complicating conditions; and review guideline driven therapy including the utility of biologics for the management of patients with severe asthma.

8:30 am – 9:30 am – Allergy & Immunology

Drug Allergies for Primary Care

Allergic reactions account for up to 10% of all adverse drug reactions; Discussion will include an office-based approach to rashes, hives, difficulty breathing and other immune responses to medication

9:30 am - 9:40 am

Coffee Break

9:40 am – 10:40 am – Gastroenterology

Management of Lower GI Bleeding-From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

10:40 am – 11:40 am – Gastroenterology

Cost-Effective, Appropriate Management of Irritable Bowel Disease

Importance of early and positive diagnosis based upon a careful history and the exclusion of other health problems; treatment focused on presenting symptoms recognizing that symptoms and functionality can be improved with a consistent approach

11:40 am - 12:40 pm – Gastroenterology

Colorectal Cancer Screening and Surveillance

Discussion of American Cancer Society recommendations on lowering the age for average-risk CRC screening; Age recommendation for screening

12:40 pm

Session Adjourns

Saturday, December 4th:

7:00 am - 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Gastroenterology

Approach to Abnormal Liver Chemistry and Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

8:30 am – 9:30 am – Pulmonology

A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

10:40 am – 11:40 am – Allergy & Immunology

Food Allergies and Hymenoptera Allergies: The Myths, The Facts, and Everything in Between

Primary Care focused discussion of food and venom allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity



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11:40 am - 12:40 pm – Allergy & Immunology

Urticaria and Angioedema Updates for Primary Care

This presentation will discuss the pathogenesis and epidemiology of urticaria and angioedema; review the causes of urticaria and angioedema; and discuss the treatment of urticaria and angioedema.

12:40 pm

Session Adjourns

Sunday, December 5th:

7:00 am - 7:30 am

Continental Breakfast

7:30 am - 8:30 am – Pulmonology

Everything You Need to Know About COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

8:30 am - 9:30 am – Pulmonology

A Primary Care Approach to Thromboembolic Disease: PE and DVT

Thromboembolic disease is a common and preventable complication of many medical and surgical conditions both in the outpatient and inpatient setting. It is important for clinicians to be familiar with the risk factors for the development of thromboembolic disease. Moreover, the prevention and treatment of thromboembolic disease has evolved in the past 5 years primarily regarding available therapies.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Identify and design treatment strategies for COPD and common respiratory infections
- Perform a range of pulmonary diagnostics and be better prepared to handle pulmonary nodules and lung cancer
- Delineate the differential diagnosis and treat sleep disorders
- Identify at risk patients, institute diagnostic criteria, and manage fatty liver
- List current treatment recommendations for celiac disease and lower GI bleeding
- Discuss current recommendations for screening and surveillance of colorectal cancer
- Explain the process of evaluating medications for drug interactions
- Describe how to efficiently and cost effectively manage patients with food, drug, hymenoptera hypersensitivities, asthma, rhinitis, sinusitis and various atopic skin conditions

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of December 3, 2021 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

This activity is approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-181-L01-P

JA0003680-0000-21-182-H01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.