



**INTERNAL MEDICINE FOR PRIMARY CARE:  
BARIATRICS/ENDOCRINOLOGY/  
GASTROENTEROLOGY/PALLIATIVE**

**Maui, HI - Grand Wailea, A Waldorf Astoria Resort  
01-30-2022 - 02-03-2022**



Sunday, January 30, 2022

2:30 pm

**Registration**

3:00 pm - 4:00 pm - **Bariatrics**

**Non-surgical Management of Obesity**

Overview of obesity as a disease state; costs to the individual of being obese; use of appetite suppressant medications and lifestyle modifications

4:00 pm - 5:00 pm - **Bariatrics**

**Surgical Management of Obesity**

An overview of risks and effectiveness of bariatric surgery; overview of potential surgical options; potential complications

5:00 pm - 6:00 pm - **Bariatrics**

**Bariatric Surgery and Co-Morbid Conditions Associated with Obesity**

Who qualifies for obesity surgery; restrictive, malabsorptive and combination surgical options

6:00 pm

**Session Adjourns**



**Monday, January 31, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**8:30 am - 9:30 am - Endocrinology**

**Insulin Therapy for Diabetes**

Treating T2DM with insulin; T1DM

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Endocrinology**

**Osteoporosis**

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

**10:40 am - 11:40 am - Bariatrics**

**Guiding Patients Toward Bariatric Surgical Options**

Discussion of the differences in treating obesity from other medical problems and procedures; overcoming inherent prejudices and understanding the perspective of the patient; creating a physician/patient partnership

**11:40 am - 12:40 pm - Bariatrics**

**Patient Management Post-bariatric Surgery**

The role of the clinician for support and behavior modification, nutrition, and the stages of patient management post-surgery

**12:40 pm**

**Session Adjourns**



**Tuesday, February 1, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Gastroenterology**

**Management of Lower GI Bleeding- From Occult to Massive**

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

**8:30 am - 9:30 am - Gastroenterology**

**Irritable Bowel Syndrome**

This topic will discuss the pathophysiology, clinical manifestations, diagnosis, and management of IBS.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Gastroenterology**

**Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)**

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

**10:40 am - 11:40 am - Endocrinology**

**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment

**11:40 am - 12:40 pm - Endocrinology**

**Endocrinology Cases: Thyroid Function**

Challenging case presentations in thyroid dysfunction

**12:40 pm**

**Session Adjourns**



**Wednesday, February 2, 2022**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Palliative**

**Medicare Hospice Benefit**

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

**8:30 am - 9:30 am - Palliative**

**Palliative Care for the PCP: Symptom Management**

Symptom management; Symptom management of dyspnea and cough, pain, nausea and vomiting, constipation, and agitation, at the end of life

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Palliative**

**Advanced Pain Management in the Palliative Care Patient**

Treatment of pain with both nonopioid and opioid medications; New guidelines related to opioid prescribing; Side effects management

**10:40 am - 11:40 am - Gastroenterology**

**Colorectal Cancer Screening and Surveillance**

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

**11:40 am - 12:40 pm - Gastroenterology**

**Celiac Disease and Chronic Diarrhea**

Millions of Americans are now on a gluten free diet. Only some of them have sprue.

**12:40 pm**

**Session Adjourns**



Thursday, February 3, 2022

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Palliative**

**Prognostication for the PCP**

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

**8:30 am - 9:30 am - Palliative**

**Addressing Goals of Care**

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

**9:30 am**

**Conference Adjourns**



### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Outcome**

To provide updates in primary care medicine to office based providers

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Discuss non-surgical obesity treatment options
- List the advantages and disadvantages of the various surgical options in the management of obesity
- Identify co-morbid conditions associated with obesity
- Describe the pathophysiology surrounding obesity and counsel patients on the various weight management strategies, including patient selection criteria for surgery
- Describe the approach to patient management after bariatric surgery
- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Identify the risks of abnormal thyroid function
- Utilize case-based learning to develop treatment plans for thyroid disorders
- List current treatment recommendations for the management of lower GI bleeding
- Evaluate the efficacy of treatment options for IBS
- Identify risk factors for the development of non-alcoholic fatty liver disease
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Recommend appropriate testing for the workup of celiac disease
- List details about the Medicare hospice benefit
- Describe the primary care approach to palliative medicine including symptom management
- Discuss pain management options with both nonopioid and opioid medications
- Recognize the importance of prognosis in decision making for seriously ill patients
- Define and establish goals of care with patients and their families

### **Disclosure of Conflicts of Interest**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care:*

*Bariatrics/Endo/Gastro/Palliative*

, with a beginning date of 01-30-2022 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians.

Physicians should only claim the credit commensurate with the extent of their

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Assistant Credit Designation**

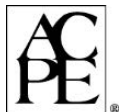
#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.