## INTERNAL MEDICINE FOR PRIMARY CARE: ALLERGY AND IMMUNOLOGY/GERIATRICS/ NEUROLOGY/ONCOLOGY

Maui, HI - The Westin Maui Resort & Spa Kaanapali 5/29/2022 - 6/2/2022

Sunday, May 29, 2022

## 2:30 pm

## Registration

## 3:00 pm - 4:00 pm - Oncology

## Approach to the Patient with Suspected Cancer

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

## 4:00 pm - 5:00 pm - Oncology

## **Management of Cancer Survivors**

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

## 5:00 pm - 6:00 pm - Oncology

## **Cancer Prevention**

Cancer screening and clinical practices shown to prevent cancer will be reviewed

## 6:00 pm

## Monday, May 30, 2022

#### 7:00 am

## Registration and Hot Breakfast

## 7:30 am - 8:30 am - Allergy & Immuno

## Food Allergies and Hymenoptera Allergies

Primary care focused discussion of food and venom allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity

## 8:30 am - 9:30 am - Allergy & Immuno

## Asthma, Allergic Rhinitis, and Sinusitis for Primary Care

Lecture focused on gaining a working knowledge of how to efficiently and cost effectively manage patients with asthma, rhinitis, and sinusitis

### 9:30 am - 9:40 am

#### **Coffee Break**

## 9:40 am - 10:40 am - Allergy & Immuno

## Urticaria, Angioedema, Eczema and Contact Dermatitis

Lecture focused on gaining a working knowledge of how to efficiently and cost effectively manage patients with various atopic skin conditions

## 10:40 am - 11:40 am - Oncology

## A Primary Care Review of New Antiplatelet Agents

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current antiplatelet agents will be reviewed

## 11:40 am - 12:40 pm - Oncology

## A Primary Care Review of New Oral Anticoagulants

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

## 12:40 pm

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**Tuesday, May 31, 2022** 

## 7:00 am

## **Registration and Hot Breakfast**

7:30 am - 8:30 am - Geriatrics

## **Common Musculoskeletal Problems in the Elderly**

Osteoarthritis and spinal stenosis, polymyalgia rheumatica, night-time leg disorders

### 8:30 am - 9:30 am - Geriatrics

## **Update in Pharmacology for Arthritis**

Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; analgesics (narcotics and tramadol) and acetaminophen

9:30 am - 9:40 am

### **Coffee Break**

## 9:40 am - 10:40 am - Geriatrics

## **Osteoporosis**

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

## 10:40 am - 11:40 am - Allergy & Immuno

## **Drug Allergies for Primary Care**

Allergic reactions account for up to 10% of all adverse drug reactions; Discussion will include an office-based approach to rashes, hives, difficulty breathing and other immune responses to medication

## 11:40 am - 12:40 pm - Allergy & Immuno

## Allergy & Immunology Cases

Challenging case presentations in allergy & immunology

## 12:40 pm

## Wednesday, June 1, 2022

#### 7:00 am

## **Registration and Continental Breakfast**

## 7:30 am - 8:30 am - Neurology

## The Neurological Exam

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

## 8:30 am - 9:30 am - Neurology

## **Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

## 9:30 am - 9:40 am

#### Coffee Break

## 9:40 am - 10:40 am - Neurology

## Parkinson's Disease & Other Movement Disorders

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic- induced movement disorders; chorea

#### 10:40 am - 11:40 am - Geriatrics

#### Geriatric Gait Disorders & Falls

Diagnosing problems associated with gait abnormalities; considering causes and prevention of falls; exercise training, aerobics, balance training, resistance

## 11:40 am - 12:40 pm - Geriatrics

## **Crystal Disease: Gout and Pseudogout**

Properly diagnosing and treating crystal diseases such as gout and pseudogout

## 12:40 pm

## Thursday, June 2, 2022

## 7:00 am

## **Registration and Continental Breakfast**

7:30 am - 8:30 am - Neurology

## **Sleep Disorders**

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

8:30 am - 9:30 am - Neurology

## **Headaches & Migraines**

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

## 9:30 am

**Conference Adjourns** 

**Target Audience** 

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

## **Learning Outcome**

To provide updates in primary care medicine to office based providers

## **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Discuss the diagnostic approach to the patient with suspected cancer
- Evaluate and manage risks of the cancer survivor
- Identify clinical practices shown to prevent cancer
- Describe the mechanism of action of new antiplatelet agents
- Manage patients on new oral anticoagulants
- Outline the management of anaphylactic reactions and indications for immunotherapy
- Describe how to efficiently and cost effectively manage patients with asthma, rhinitis, and sinusitis
- Discuss epidemiology, risk factors, and causes of atopic dermatitis
- Identify common adverse drug reactions to specific high incidence medications
- Utilize case-based learning to develop treatment plans for allergic conditions
- Discuss strategies to minimize musculoskeletal problems in the elderly patient population
- Describe risks and benefits of traditional pharmacologic agents for treating arthritis
- Discuss interpretation of bone scans and identify risk assessment
- Assess and manage gait disorders to prevent falls
- Utilize current evidence to design treatment strategies for gout
- Perform a neurological exam
- Utilize history and physical examination to distinguish weakness from non-specific symptoms
- Evaluate weakness and recognize cardinal features of Parkinson's disease as well as other movement disorders
- Discuss the spectrum of sleep disorders and current management strategies
- Describe the differential diagnosis of headaches and migraines

## **Disclosure of Conflicts of Interest**

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## Accreditation Statements

## Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

# Physician Credit Designation AMA PRA Category 1 CreditsTM

Medical Education Resources designates this live activity for a maximum of 20  $AP^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## **American Academy of Family Physicians (AAFP)**



This Live activity, Internal Medicine for Primary Care: Allergy and Immuno/Geri/Neuro/Onc, with a beginning date of 5/29/2022 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

## **American Osteopathic Association (AOA)**

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

## **American College of Emergency Physicians (ACEP)**

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

## **Canadian Physicians**

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

## Nursing Credit Designation American Nurses Credentialing Con

**American Nurses Credentialing Center (ANCC)** 

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.0 ANCC pharmacotherapeutic contact hours.

## **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

## **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

## Physician Assistant Credit Designation American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

# Pharmacy Accreditation Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.